



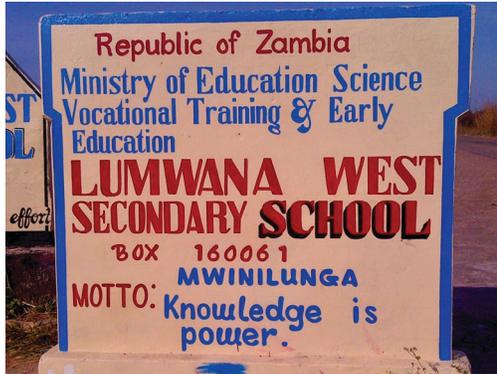
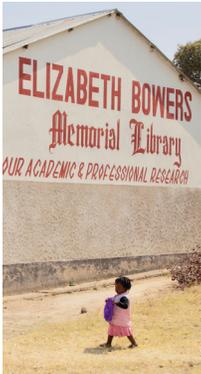
# THE PROTEA

## Elizabeth Bowers Zambia Education Fund

Vol. XIV No. 2

Breaking the cycle of poverty through education

December 2019



From pre-school through college, EBZEF is educating the Whole Girl!

### Knowledge is Power

The Lumwana West Secondary School motto is “Knowledge is Power.” Your individual donations are making a difference in the lives of Beth’s Girls and their community. Beyond supporting the girls, EBZEF is committed to completing the final phase of the secondary school, including another 3-classroom block, 1-2 teachers’ houses, and an ablution block (lavatory) for boys. ☞

### You Doubled Your Impact!



**THANK YOU!** Crowdfunding and grant appeals are important, but individual donations make the real difference in supporting EBZEF programs. Your generous response to our Spring newsletter was twice what we expected, surpassing the \$5,000 matching grant.

When Executive Director Linda Bowers’ new hip prosthetics were recalled, she had to undergo a 2nd set of double hip replacement surgeries. From her legal settlement, Linda donated a \$100,000 matching grant to EBZEF, and you have matched \$23,000! Help us fully realize Linda’s matching grant! ☞



### DOUBLE YOUR IMPACT AGAIN!

An anonymous donor will match every dollar up to \$10,000 through December 2019

### Ways You Can Help

**EBZEF needs new donors.** Your donations keep EBZEF going, but if you want to take further action, you can help expand our donor base to complete secondary school projects, support Beth’s Girls through college, and continue to support the pre-school and the Memorial Library. Help us find people interested in education to make a difference internationally in the lives of Beth’s Girls and their community. **You can:**

1. Arrange an individual coffee meeting for Linda with a potential donor you know.
2. Host a coffee: invite friends and colleagues for a brief program with Linda (in person or by Skype). EBZEF will provide handout materials.
3. Mention EBZEF on Facebook and share our postings.
4. We'd love to hear your ideas? (Send to [ebzefund@gmail.com](mailto:ebzefund@gmail.com))

### Teacher’s House Appreciation



Quality housing is required by the Zambia Ministry of Education to send teachers to remote, rural areas. Basic School Headmistress Ireen Sandu lives in the first of two EBZEF/World Vision Zambia built teachers’ houses. “Thanks to EBZEF for this wonderful home. It is really amazing to stay in such a beautiful house with good environment inside. Previously I used to climb anthills to answer the call of nature, but now it is just inside. EBZEF has just done wonders in this

Community. Though no amount of words can be used to appreciate this, we thank you very much. “EBZEF, we love and trust you. As Lumwana community, we will always treasure you and promise you that we will work tirelessly to fulfill the dream of our sister and friend Beth. May the almighty God bless you abundantly.” ☞ **Ireen’s new home**



Teacher’s House #1

Phase II – Fundraising Goals	
Block of three classrooms	\$75,000
Teacher’s house	\$70,000
Boys’ ablution block with septic tank/drainfield	\$41,000
<b>Total</b>	<b>\$186,000</b>

# Congratulations, 2019 Graduates!

## First Year Students



Beth's Ladies **Ruth Sanama, Sandra Kalumba,** and **Rachael Njolomba** graduated on September 12th from South West College of Education.

Ruth states, "I want to thank EBZEF for being so generous and sponsoring my Education. It truly means too much to me. Because of you I was able to pass with Merit from South West College of Education. I encourage younger Beth's girls to concentrate on Education as this is the only opportunity for them."

Rachael says, "Thanks for everything you have done for me in my life. I am who I am because of your effort and generosity. Am proud to be called a product of Beth's Girls of Lumwana West community and a teacher of social sciences." ❧



Rachael

**Caren Kabulayi** studies Clinical Medicine at NWU of Health & Applied Sciences. "Thanks so much to all our sponsors for your hard-working effort, because it's not an easy thing. May you keep on doing the same thing, and may God reward you." Caren adds, "To my fellow Beth's Girls, let us use this opportunity that God has blessed us with in order to improve our livelihood and never to let down our sponsors."

**Rebecca Lubeba** studies welding at Solwezi Technical Trade School. She thanks her sponsors, adding, "I also would like to advise my fellow Beth's Girls who are still at school to continue working hard for a better future so that they can help their family and friends who are in need. Am really enjoying my studies, and I promise to work hard and become a role model."

**Margret Kambili** also studies at Solwezi Technical Trade School to become an Electrical Technician.

"I really appreciate your kindness. It's not easy to do what you have been doing for me and my fellow Beth's Girls. I am enjoying my studies. I love my career as an Electrical Engineer."

**Lucy Mutepuka** and **Gracious Chilumbwe** both study nursing at NW College of Health & Applied Science. Lucy states, "Our career is so good and very interesting. I thank you people who had this kind heart to support me."

Gracious affirms, "Thank you so much for the love that you have for me. I'm really enjoying my studies. I thank you for the great opportunity."

*Your help is transforming the lives of Beth's Girls and their community on the other side of the world! THANK YOU!* ❧



Rebecca



Margret



Caren



Gracious



Lucy



Help EBZEF educate the Whole Girl!

## HELP MORE BETH'S GIRLS FOLLOW THEIR DREAMS

EBZEF's very successful college-vocational scholarship program has inspired more Beth's Girls to request scholarships than we can currently afford. We'd love to help them by trying to accommodate every Beth's Girl who wishes to continue her education beyond secondary school. To do this, we need more funds to send our girls to school. This is a special opportunity for you to help Beth's Girls make a difference in the world. **PLEASE CONSIDER INCREASING YOUR DONATION THIS HOLIDAY SEASON.** ❧



Help EBZEF educate the Whole Girl!

## Continuing Studies



Joy

**Joy Salumawu** (Eden U) and **Mulenga Chilfya** (Northwestern U) are completing year 2 of their nursing programs. Mulenga says, "Some of us wouldn't have made it being in university without your support." Joy tells her sponsors, "It's because of you that I have come this far."



Mulenga

**Kareen Sweta, Gloria Njolomba,** and **Florence Lubeba** are finishing year 2 of 3 at SW Solwezi Teacher Training College. Kareen notes, "You cannot imagine how much strength your support has given me. I will always remember your kindness." Gloria adds, "I am proud to be among the lucky ones sponsored by EBZEF. I give gratitude and honor to my sponsors."



Gloria



Kareen



Florence



Fridah

**Fridah Sakuwunda** studied Early Childhood Development at Paglory University (year 2 of 2). She thanks her sponsors, "Personally, I am an orphan. No one was going to educate me without your help." To younger Beth's Girls she says, "You should be hard workers and focus on what you want to achieve in life. Above all, be good to people who are in need, because we are being helped by other good people."

**Belindah Kalumba** and **Jean Mutepuka**, Lumwana West Pre-School teaching aides, study Early Childhood Development at Zambia College of Education. Headmistress Ireen Sandu reports, "The pre-school aides use the experience they gained in pre-school to answer their assignments. They are committed and use methodology they have learnt at college in the classroom. They boost staffing levels at our school and now work with minimum supervision."

**Christabel Sweta** is completing her 3-year program at Evelyn Hone College



**Belindah, Jean, Christabel, Visaka, Priscovia** of Pharmacy. "My current methodology research course will deal with challenges faced by the health facilities in terms of drug delivery and dispensing to patients." She adds, "Thank you so much for the sponsorship. Making you proud is nothing but a definite thing to do."

**Visaka Kapalu** studies to be a physician at Lusaka Apex Medical University. "I am doing my third year 2nd semester in medicine and surgery. I have no words enough to show how thankful I am for all you do for me!"

**Priscovia Sangenjo**, one of EBZEF's first Beth's Girls, teaches at Lumwana West Secondary School. She also works on a BS in English & Civic Education at Chalimbana U, balancing life as teacher and student. ❧

## Pre-School Projects

Basic School Headmistress Ireen Sandu reports, "We have thought of adding some pictures to our pre-school so that everyone who passes by will see that it's a pre-school just from outside." The current pre-school project is "that we want to make sure the children have a playing ground."

She adds, "We want to put up swings, slides, and other things that we can manage using the local available resources. We want to improvise playing equipment so that even when they will be at home they will always be thinking about school." ❧



## Children's Garden

The Zambian government no longer provides funds for school lunches—the only meal some children get in a day—so the Basic School has initiated maize and vegetable-growing projects to fill this need. Children dig, plant, water, weed, and harvest produce. With the community's new water system, the garden is flourishing.

Headmistress Ireen Sandu reports, "We will be plucking some vegetables tomorrow for the learners. They will have nshima, beans, and vegetables for lunch. It has been so easy and so wonderful to see our vegetables grown in a wire fence and using a hosepipe for watering," both of which EBZEF helped to purchase.



Children cannot learn on empty stomachs. "We thank our family on the other side of the world for coming to our aid." ❧

## Lunda Lore Collection

The story project to preserve Lunda tribal lore and contemporary culture is well underway. Memorial Librarian Sandra Kamulosu reports, "So far I have received 10 elementary books written by pupils, and 8 books written by village elders for student level. People are still writing."

EBZEF now has 4 stories written in the Lunda language, which will be illustrated and translated into English as dual-language books. Constance Kasongi, Grade 8, wrote about drought and the importance of keeping trees in *Chaana Chinashiki*. In *Mukula*, Owen Kilodi, Grade 8, wrote about the value of replanting trees.

*Kutembuka Chawa Mayala (Mukanda)*, by community elder Roddy Sangamoto, records the male circumcision ceremony. Mbongo Njolomba, Secondary School Headmaster, compiled over 200 Lunda Proverbs in *Yishmu Yawalunda*. Books will be shelved in the community library with copies posted on EBZEF's website. ❧

## Poultry Project

Not to be outdone, secondary school students began a poultry project by purchasing 150 chicks. Students sell chickens to the teachers and community at great demand. The children learn ways to meet their own needs. ❧



## Mary with Fingerlings

Dr. Mary Lundeba, Aquaculture Scientist with the WorldFish Center in Lusaka, is EBZEF's first Beth's Lady. With a PhD from Penn State in Fisheries Science, she is a true role model for Beth's Girls and for women in Zambia.



Mary reports, "Lack of fingerlings is a major constraint to increased fish production by smallholder farmers in rural Zambia. WorldFish is training farmers in fingerling production in their communities to become suppliers. My role is to train these farmers. Seeing fish accessible in rural communities gives me satisfaction toward helping rural farmers attain nutrition security and economic empowerment." ❧

## World Beat 2019

Volunteers represented EBZEF at another successful festival in the Salem community. Lots of interest in our programs from new friends, with many old friends stopping by to say, "Hello!" ❧



Angela & Lily Wanak

### CHARITABLE GIVING

If you are age 70.5 or older, and must make mandatory distributions from your tax-deferred IRA, you are eligible to make tax-free donations to qualified charitable organizations.

**Please consider EBZEF in your giving plan.**

### GIVE A LIFE-ALTERING GIFT THIS HOLIDAY SEASON!

Help change lives and offer hope to Beth's Girls and their community in NW Zambia.

So little goes so far:

- \$50 funds books for the Library
  - \$50 helps fund lore-writing project
  - \$120 funds swings for pre-school
  - \$125 funds 1 mo. pre-school aide's salary
  - \$140 funds merry-go-round for pre-school
  - \$300 funds college exam fees
  - \$410 funds 1 mo. Librarian's salary
  - \$600 funds computer for Library
  - \$2,500 funds 1 year of college study
- Amounts vary due to fluctuating exchange rate between US \$ and Zambian Kwacha.

### HELP SUPPORT EBZEF

Designate EBZEF as your charity of choice on AmazonSmile at: [www.smile.amazon.com](http://www.smile.amazon.com)

Check out our website at: [www.ebzef.org](http://www.ebzef.org)

Connect with Twitter at: [www.twitter.com/EBZEF](http://www.twitter.com/EBZEF)

Partner with eBay for Charity at: [www.charity.ebay.com](http://www.charity.ebay.com)

Join our Facebook page at: [www.facebook.com/EBZEF](http://www.facebook.com/EBZEF)

In OR, WA, ID, AK, designate your Fred Meyer Community Rewards at: [www.bit.ly/34GPYtm](http://www.bit.ly/34GPYtm)

In OR, dedicate your Bottle Drop items to EBZEF at: [www.bottledropcenters.com](http://www.bottledropcenters.com)

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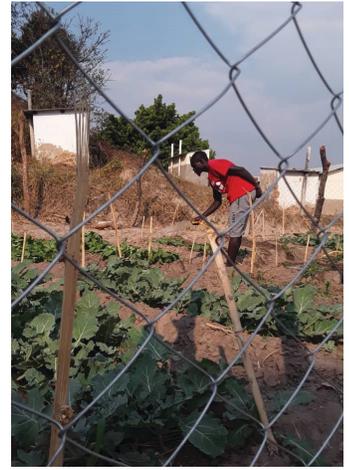
Protea blooms spied in Italy by a Library Committee member



Lumwana West celebrates World Teachers' Day



Garden lunch for a little learner



Watering the children's garden with new hose



Jennifer with "Dolly Llama" at World Beat



Everyone enjoys THE PROTEA!

# The Elizabeth Bowers Zambia Education Fund

*One life made the connection.  
Now many carry on the vision of caring.*



## Our Mission

**EBZEF empowers women, children, and their community in Lumwana West, Zambia, to break the cycle of poverty through education.**

## Our Vision

Elizabeth Rachel Bowers (1979–2002) shared her compassionate spirit with the people of her village as a Peace Corps volunteer. The education legacy sustains Beth's vision of service and global awareness by empowering young women to build positive change from within, to become leaders and educators, and to improve the quality of life in their communities.

EBZEF | P.O. Box 294, Salem, Oregon 97308-0294 | 503-585-4605 | [www.ebzef.org](http://www.ebzef.org)

## Through Beth's Eyes

*PCV Beth's letter home from Lumwana West, January 9, 2002*

Okay, so I just went for a walk. It was a kind of surreal experience. I felt like I was in a human fish tank. No, I've not gone crazy. Don't worry. This is simply the best way to describe it.

Do you know what it is like to look up at a sunny sky from underwater? Well, you see splurts of light come through/mingle with the water, which is normally different shades of pastel blues and grays. Well, the sky was covered with clouds, mixed with dark blue-gray clouds, darker blue-gray clouds, intense blue sky remaining from the amazingly hot day, and just all kinds/shades of blues and grays. Then, there

## Remembering Beth



was lightning in certain parts of the sky—just like the light looks from underwater.

Aside from the green trees and green grasses and bushes along the road, much like the vegetation you find in fish tanks, the huts alongside looked like make-believe "houses" or "boats" that would be placed in a fish tank.

Okay, so normally the idea of a "human fish tank" would not have occurred to me under the circumstances, but there were these animals, that I think were birds of some kind, that literally (when they talk, of course) sounded like the bubbles sound in a fish tank. With the "music" creating the mood, I began to look at the sky and the huts and then, whammo! I was in a human fish tank.

**Postscript, January 28, 2002**

You know those birds that made a sound that made me feel like I was in a human fish tank? Well, they ain't boids! They be frogs. Who's the silly one? It's me! It's me!

**Note:** Two fortunate people now see the joy and beauty of the world "through Beth's eyes." Beth was able to donate her organs, including both corneas, in the hospital in Pretoria, South Africa, to continue "giving back."