



SPORTS TRAINER

An accredited NRL Sports Trainer, (18+) Level 1 or Level 2, must be assigned to each International and Senior team (U16 and above). Anyone entering the field of play must wear appropriate enclosed footwear at all times. The NRL Accredited Sports Trainers are the only On-Field personnel who are to assist and manage an injured or ill player.

NRL LEVEL 1 SPORTS TRAINER - BLUE SHIRT / VEST

NOTE: Level 1/Level 2 Trainer to be printed on back of shirt or vest.

Access to the field is unlimited to attend an injured/ill player and to administer water.

Role and Responsibilities:

- Strap players for prevention of injury and stability prior to games.
- Assess players who are injured during games and give initial treatment as well as assist those who have been removed from the field of play through injury / illness.
- Assist with the delivery of water (hydration)/First Aid treatment) on game day.
- Assess, record and document players' injuries that occur in games.

LEVEL 2 SPORTS TRAINER ("Head Trainer") - ORANGE SHIRT / VEST

The Head Trainer will be the most senior person within the NRL Sports Trainer team and will supervise all on-field personnel, including Leaguesafe.

Role and Responsibilities:

- The Accredited NRL Head Trainer will make the final decision on a players welfare in the absence of a medical professional.
- Coaches/Administrators/Players must comply with the decision of the NRL Head Trainer at all times.
- All directions given to on-field personnel by the Head Trainer must be adhered to at all times.

The Level 2 Sports Trainer/Head Trainer is the only person of the on-field personnel who may approach a Referee or Touch Judge in relation to player welfare-related concerns. This is to be done in a respectful manner and only occur during technical stoppages of play. (For example, when a try has been scored or at half-time.) Sports Trainers must immediately leave the field (i.e. running) once their assigned task has been completed and return to the players bench. Lingering on the field of play will not be tolerated by match referees. In the event of an altercation on and/or off the field of play, Sports Trainers must not interfere in any way. The control of on/off field behaviour is the duty of the match referees except when an injured player needs shielding from possible further harm. On-field personnel must not at any time enter the line of sight of a player when they are attempting a kick for goal or do anything which may in any way interfere with or distract an opposition player whilst they are participating in the match or constitute some disadvantage to the opposing team.

National Code of Conduct – Team and Club Officials

Place the safety and welfare of players as the top priority. Always act in a sportsmanlike manner, respecting opposition players, team and club officials and spectators. Uphold the integrity of the game of Rugby League and make decisions in the best Interests of the game at all times. Team Staff are bound by the [NRL's On-Field Policy](#) and [Code of Conduct](#).
