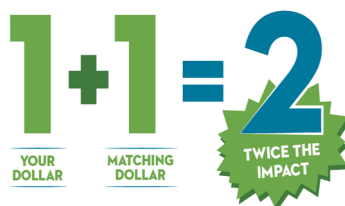




## Assisting the Polish Community Year Round

Polish Assistance's mission is to provide assistance, primarily financial, to persons of Polish origin who are at risk or needy. Our activities focus mostly on the New York metropolitan area, with an increasing portion of the assistance given to out-of-state individuals. Your support enables Polish Assistance to bring stability to these individuals by providing basic needs for housing, food and healthcare.

### We have a match



**An individual sponsor  
will match your donations**  
up to \$5,000 — 12/31/2018 deadline

**Please give generously**

### Our Mission at work

- **Helping the Elderly:** our oldest beneficiary is a 94-year-old woman who has been receiving monetary assistance from us since 2005. Your donations help the elderly live out their years in dignity.
- **Helping the disabled:** our longest aid granted is to a 83-year-old disabled woman who has received funds for critical medical assistance from us since 1996.
- **Providing medical assistance:** we are now helping a stroke victim and a woman undergoing breast cancer treatment.
- **Support when its needed the most:** we provide supplemental aid to two widows with young children who are unable to work full-time.
- **Warm Meals:** our Annual Holiday Wigilia dinner provides a warm meal and clothing for the elderly and homeless.
- **Healthcare:** Safety net hospitals are New York City's long term rehabilitation & nursing care centers and we have been providing aid to Polish residents for many years.

Your donations make an important difference in someone's life. By giving, you help us make an even bigger impact on the Polish community. We are thankful for your support! Your generous contribution will help us be there the next time a family is in need.



*We are thankful this holiday season for  
Good health  
Food upon our table  
A warm home for our family  
and*

*Your support  
to make the same possible for the needy in our community*

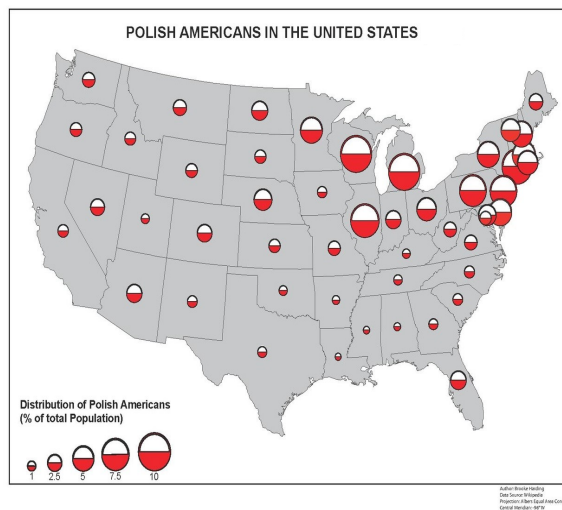


Learn more at

**[www.polishassistance.org](http://www.polishassistance.org)**

15 East 65th St., New York, NY 10065 email: [office@polishassistance.org](mailto:office@polishassistance.org) 212-570-5560

## Home Away from Home



There was a time when Poles came to the United States for economic reasons (“za chlebem” / “after bread”). Then they came to the U.S. to escape political oppression. Some are still here hoping to adapt. Today, Poles are arriving to the U.S. to expand their careers. In 2017 alone, there were over 600,000 U.S. tourists who visited Poland. Poland now has become a developed country.

“At the turn of the 20th century, Polish immigration exploded. Imperial repression, land shortages and chronic unemployment made life more and more untenable for the Poles of Europe, and as the 19th century waned they left for America by the thousands, then by the hundreds of thousands. Exact numbers are difficult to come by, given the many different routes Poles took to the U.S., but the 1910 census found more than 900,000 new immigrants who spoke Polish. After World War I, Poland regained its independence, and immigration began to slow. Even so, it is estimated that more than 2 million Poles had immigrated by the 1920’s.” Library of Congress

Polish Americans are the largest Slavic ethnic group in the United States, second largest Central European group and the eighth largest immigrant group overall. Source: [www.census.gov](http://www.census.gov)

It is estimated that the Polish diaspora numbers 20 million people, which is more than half of Poland’s population. Persons of Polish descent live across the entire globe, sometimes forming a large and influential population segment of foreign cities like Chicago, New York, Toronto, Paris or London.

There were 9.25 million people in the U.S. that declared Polish heritage representing approximately 3% of the U.S. population.

Polish born population in the New York City including Brooklyn and Queens amounts to approximately 100,000. All communities have those less fortunate in need of dire help. Polish Assistance endeavors, thanks to your donations, to ease the burden of existence in the Polish community. We lend support when it is needed the most – from warm meals to assistance with medical bills and more. We help the elderly. We help the disabled. We help those who are sick. We help widows with young children who can’t make ends meet. And we help the homeless.

Homelessness has been a problem in the New York City for many years. It affects everyone including entire families. Due to the gentrification of Greenpoint in Brooklyn, where the majority of the Polish population resides, some have found themselves turning to the streets. Many homeless have been forced out of the area. Those who stay, struggle. With limited local and federal assistance, getting healthcare is also a struggle for many homeless, many of whom are sick. After so many years, going back to Poland may not be a feasible option as we have seen cases of families unwilling to take on the burden. Given today’s headlines, many are simply weary of making themselves “visible.” Winters can be particularly dangerous as the shelters fill up quickly.

As long as there is one person in need of help, our job is not done. Please help by donating.

Over 63,000 people in NYC sleep in shelters every night.  
33% are homeless single adults located in Brooklyn.  
67% are families and children.  
Some of them are Polish.  
It is not up to us to judge them.  
It is up to us to help them.  
Please help us, help them.

*Make a Difference!*  
**DONATE**

Donate online at [www.polishassistance.org](http://www.polishassistance.org)  
or send check to:  
Polish Assistance, 15 East 65th Street, New York, NY 10065



Polish Assistance, Inc. is a 501(c)(3) tax-exempt, non-profit organization. Donations are tax-deductible to the extent allowable by law. Copy of Polish Assistance latest annual report may be obtained upon request, from the Polish Assistance, Inc. or from the New York State Attorney General’s Charities Bureau, Attn: FOIL Officer, 120 Broadway, New York, NY 10271