Swim and Tennis Club 3180 S. Pierce Street, Lakewood, Colorado 80227 (303) 988-9808 Early April 2021								
Inside this issue: Message from the President								
Membership News	2	Hello Spring! We've been waiting for you! Wow, what a winter it has been. We couldn't be more ready for spring! I hope everyone is getting excited for another great summer at Bear Creek Swim and Tennis Club, making family memories that will last forever.	membership dues. Please make sure that your membership dues are paid in full by April 1, 2021 to avoid the spring late fee. Members who do not have their membership dues and fees paid by April 15, 2021 (please note this earlier date), may result in termination.					
Adult Tennis Programs	3	The board has been busy working during our off-season to ensure a safe and fun facility. Budgets are in place and plans for various projects are in the works.	We have a waiting list of over 300 families and empty nesters waiting to get into our great club! Thank You,					
USTA Junior Team Tennis & Junior Tennis Lessons	4	We are working to make sure that the facility runs smoothly. Employees are being hired. If you have a teen that is interested in being a lifeguard, please have them fill out an application which is located on our website; www.bcstc.org	John Wilson President 720-297-0713 jamwjam@comcast.net					
Adult Tennis Mixers USTA Colorado League Dates	5	on the Hire/Employment Application page. Guards need to be at least 15 years old, and current on their certifications.						
More Tennis News Steps for Tennis	6	We would like to welcome our new tennis coordinator, <b>Kate Anderson</b> . We also would like to welcome back our returning Tennis Pro, <b>Ryan Freeman</b> !						
Sign-Up Swim Team News Tennis Bio	7	The tennis courts are starting to see lots of action. Adult leagues will soon be starting! As a reminder, our club is not yet officially open until Memorial Day weekend. If you are using the tennis						
Board of Directors	8	weekend. If you are using the terms courts before the club opens, please lock the gate during AND after playing tennis. We have had people who are not members wander into the club using the open gate. It would be a shame for our summer home to be vandalized or robbed. Spring statements were mailed March 1st to all members that owed a balance of						



The Membership Chair is actively working to retain and recruit members for Bear Creek Swim and Tennis Club. We ended the 2020 season with 400 members! Let's try to keep our numbers strong with your help.

You can help us by:

- Making sure your dues are paid on time. Statements were mailed out March 1 to all members still owing money; dues to be paid in full by April 1 to avoid a \$25 late fee charge. Again this year, we are now accepting payments by method of VISA/MC on PayPal via our website; www.bcstc.org. For those of you who paid in full by November 1, 2020, look for your \$30 guest pass in the mail in May! Thanks for paying early and in full.
- Members who have not paid their membership dues by April 15th will be subject to termination per our bylaws.
- The club facilities cannot be used until all dues and fees are paid in full.
- We have do have an "empty-nester" membership for \$200 less (\$400 instead of \$600); however we do have a waiting list at this time. That membership can include up to two adults living within the same household, *no* children. This is perfect for retirees who still want to swim and play tennis. These are limited to 50 memberships.

If you have membership questions or would like me to send an information packet to a prospective member, let me know! Enjoy your summer at Bear Creek!

Michelle Hannigan 303-986-1762

**Member Directory** - 2021 directories will be available to purchase at the concession stand in June for \$2.00 or you may request a free PDF copy for your computer. To receive a PDF copy, please send your request to info@bcstc.org. Membership directories come out about every other year. If you do not wish to be in the directory, or would only like to share only certain information (e-mail only, etc.) in the directory, please e-mail info@bcstc.org with your request. Bear Creek does not sell our membership list to vendors, etc.



# TENNIS

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Adult Drill Sign Up - Participants will be required to sign up for ALL drills (including 1/2 Price Saturday drills) on the tennis reservation website: https://www.reservemycourt.com If you do not have a user name and password, you will need to create one. Please email Kate at bearcreektennis1@gmail.com to get the unique code for BCSTC.

**Saturday Drills** - 9:00-10:30a.m. for 3.5+ players and 10:30a.m.-12:00p.m. for 2.5 - 3.0 players beginning April 10, \$20 per person (please pay the pros directly)

Adult Drills - Take your game up a notch OR practice for league play! Join the pro for an hour of drills to work on specific skills and strategies.

Wednesdays beginning June 2, (2.5 - 3.0) & Fridays beginning June 4, (3.5+), 11:00a.m.-noon Cost is \$15 paid to the Pro

**Evening Drills** - Thursdays, 6:00-7:00p.m. (2.5 - 3.0) players and 7:00-8:00p.m. (3.5+) players Cost is \$15 paid to the Pro

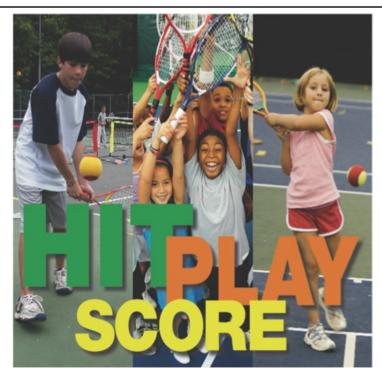
**Cardio Tennis** - On and off court workout and drills to help with speed, core strength and get the heart rate up! Wednesdays, 7:00-8:00a.m.

Cost is \$15 paid to the Pro

**Quick Start for Adults** - This is a beginner class designed for adults who want to learn the basics on how to play tennis. Interested players may call Ryan directly to set up a time.

**Private Lessons** - Private lessons are the best way to improve your tennis skills, as there is no substitute for one-on-one instruction! This is the perfect addition to group lesson programs where students learn proper fundamentals by receiving the additional attention you need to improve dramatically. Contact **Ryan** by email at ryan@ryanfreemantennis.com or by phone or text at 240-731-3872 for information and to set up lessons.





**USTA Junior Team Tennis:** June 2nd - August 1st Cost - \$250.00 plus \$15 annual USTA fee (Includes 2 practices/week with Head Pro for 8 weeks. play in up to 7 matches, balls and uniform) USTA Levels of Play: Futures, Challenger B, Challenger A, Championship

Practices held Wednesday & Friday 10 & under – 1:00-2:00pm 12 & under – 2:00-3:00pm 14 & under and 18 & under - 3:00-4:00pm

Monday Match Schedule: 6/7, 6/14, 6/21, 6/28, 7/5, 7/12, 7/19 State Championships 7/30 - 8/1 8:00am — 10 & Under Boys and Girls (60' court) 9:30am — 12 & Under Boys and Girls 11:00am - 14 & Under Boys and Girls 12:30pm — 18 & Under Boys and Girls

End of season party 7/21

Register at ryanfreemantennis.com

#### **Registration and Payment** Due by April 26, 2021

Questions – Kate Anderson at bearcreektennis1@gmail.com

#### Junior Tennis Lessons: Two 4-week sessions – (Wed/Fri)

Red Ball (ages 4-7): \$80 per session Orange Ball (ages 7-10): \$120 per session Green Dot (ages 10-13): \$120 per session

Session #1: June 2, 4, 9, 11, 16, 18, 23, 25 Session #2: July 7, 9, 14, 16, 21, 23, 28, 30

Red Ball (ages 4-7) 8:00 - 8:45am

Orange Ball (ages 7–10) 10:15 – 11:00am

Green Dot (ages 10-13) 9:00 – 10:00am

Contact Kate Anderson for guestions at bearcreektennis1@gmail.com

Sign-up at ryanfreemantennis.com

Registration and payment due by May 26, 2021

#### THIS IS WHERE WIN OR LOSE, WE PLAY AS ONE.

THIS IS MY TEAM.



In Jr. Team Tennis, six kids play, cheer and train like one. Their individual strengths add up to a true team spirit. Every kid feels every shot because they are all on the same side. Watch them grow in more ways than one with Jr. Team Tennis. Sign up today. Are you in?

JOIN THE ACTION TODAY.

## ADULT TENNIS MIXERS

Adult Mixer dates are yet to be determined.

Times for adult mixers are scheduled to begin at 6:00p.m. but may start later if make-up league matches are played on Friday evenings.

Up-dates will be sent by e-mail.



## USTA COLORADO LEAGUE DATES

LEAGUE	MINIMUM ROSTE DEADLINE	ER SEASON STARTS	SEASON ENDS	DISTRICT CHAMPIONSHIPS
Trio League	February 26	March 20	April 24	N/A
USTA Mixed 18 &	over March 5	April 4	May 16	June 11 - 13
USTA Adult 18 &	over March 12	April 19	June 3	June 18 - 20
USTA Adult 55 &	over April 2	April 28	July 2	July 16 - 18
CTA Women's Daytime Doubles	April 2	May 11	June 24	N/A
USTA Mixed 40 &	over April 30	May 23	July 4	July 23 - 25
USTA Adult 40 &	over May 7	June 7	July 22	August 20 - 22
CTA Adult 18 - 39	May 7	June 7	July 22	N/A
CTA Women's 2.5	League May 7	June 9	July 21	N/A
ITA Mixed	June 11	July 11	August 22	N/A
CTA Women's Summer Daytime	June 25	July 26	September 8	N/A
CTA Twilight	June 18	July 26	September 9	N/A



### MORE TENNIS NEWS

#### Welcome! Our NEW Tennis Coordinator, Kate Anderson!

For questions regarding Adult League play, Junior Team Tennis, Adult or Junior Drills, send an email to Kate at <u>bearcreektennis1@gmail.com</u>.

#### Welcome our returning Head Tennis Pro, Ryan Freeman!

Ryan will be offering private, semi-private & team lessons for adults and kids this summer. For more information, contact Ryan at ryan@ryanfreemantennis.com or by phone/text at 240-731-3872. Sign up for Junior Team Tennis and Junior Lessons on Ryan's website: ryanfreemantennis.com

#### **Online Court Reservation System:**

Again this year, you will be required to sign up for all drills on the tennis reservation website: https://www.reservemycourt.com If you do not have a user name and password, you will need to create one. Please email Kate at bearcreektennisl@gmail.com to get the unique code for BCSTC. Click on the FAQ tab at the top and read the instructions toward the bottom of the page.

#### **Adult Leagues:**

REMINDER! The following deadlines are coming up: April 2 - USTA Adult 55 & Over April 2 - CTA Women's Daytime April 30 - USTA Mixed 40 & over May 7 - CTA Adult 18-39 May 7 - USTA Adult 40 & over If you are interested in playing in any of these leagues, send an email to <u>bearcreektennis1@gmail.com</u>

#### **Interclub Tournaments**

Memorial Day Tournament - Monday, May 31st 4th of July Tournament - Sunday, July 4th End of the Season Tournament & Celebration - Monday, September 6th

#### STEPS FOR TENNIS SIGN-UP

1. Go to the USTA Home Page / Web Site @ www.usta.com

2. Once there, click on "Tennis Link" in the top navigation (3<sup>rd</sup> tab from the left).

3. On the initial Tennis Link page, scroll down to the middle of the page where it says, "Do you have a USTA account?" and log in. If you don't have a USTA membership, click the link that says, "Don't have a USTA account?" and pay for your membership.

4. After you log in, you should see a message that says, "Welcome! "Your First & Last Name."

5. On the right side of the page, click the link that says, "Register for a Team."

6. Enter your USTA Number (probably auto-filled) and the Team Number that was provided to you by your Team Captain or Tennis Coordinator (STEP 1). After you have entered the data, click on "Continue."

7. On the next page, you will verify the information that you entered.

Once you are satisfied all is correct (click on "Click Back" to change any of the information), you will enter your Credit Card information (STEP 3), then click on "Continue"

8. Following this step, you will be asked to wait until your card has been processed, followed by a "Congratulations" screen, where you will see a summary / receipt of your registration. It would be a good idea to click on "Print" for a hardcopy of your receipt.

9. That should be it. Good luck, and if you have any troubles, call your BCSTC Team Captain or Tennis Coordinator; Kate Anderson! You can also look up other tennis information on our website; www.bcstc.org



## SWIM TEAM NEWS

Join us for our Dry Land Workouts in the park at Bear Creek Swim and Tennis Club! Due to COVID19 restrictions, 10-12 spots are available. Social distancing and masks are mandatory.

Session 1 - Dry Land Workout (age 10 and under) May 11 - 13, 4:00p.m. - 4:50p.m. Session 2 - Dry Land Workout (age 11 and up) May 11 - 13, 5:00p.m. - 6:00p.m. Out of Breath Suit Fitting - Wednesday, May 12, 4:45p.m. - 5:45p.m. Session 3 - Dry Land Workout (age 10 and under) May 18 - 20, 4:00p.m. - 4:50p.m. Session 4 - Dry Land Workout (age 11 and up) May 18 - 20, 5:00p.m. - 6:00p.m.

More information in our next newsletter coming out soon!

A reminder that swim team pre-registration begins April 5 - May 4. Register on the swimtopia website. Please note that team suits are not required but are encouraged. Team suits will be available for purchase at Out of Breath Sports, 42 East Arapahoe Road, Littleton, (303) 798-5037. In addition to our team suit fitting, we will be offering our first opportunity to order our NEW 2021 Swim Team Gear, including T-shirts, hoodies and more! Cost is \$170 for the first swimmer, \$155 for the second swimmer, and \$130 for each additional swimmers.

\*\*\***May 26** \*\*\*Mark your calendars for a mandatory parent meeting, 3:45p.m. & 4:45p.m. See you May 25th for the first practice of the new season! Questions? Email <u>bearcreekswim@gmail.com</u>



Ryan Freeman is a USPTA Certified Elite Pro with over 25 years of experience.

He is a native of South Carolina and a graduate of Clemson University with a BA in Elementary Education.

Ryan has taught every level of tennis including being the Head Coach for Team USA at the 2011 World University Games in China. Ryan is a former school teacher and spends part of the year on the tennis courts and part of the year managing his nonprofit and his children's online education program.

Ryan has three daughters, ages 11– 14.







Bear Creek Swim & Tennis Club P.0. Box 27412 Lakewood, C0 80227

## BOARD OF DIRECTORS

President: John Wilson Vice President: Scott Eckels Treasurer: Melissa Gray Membership: Michelle Hannigan Secretary: Troy Freedman

Welcome our new members (who will serve a two year term):

Matt Riley Sarah Rodriquez George Stieduhar Colleen Stout Amber Todd Brian Vigil

Returning Board Members (serving the second year of their two year term):

Kate Anderson Marnie Bromby Kelly Jacobsen Glenn Simon

THANKS TO EVERYONE WHO CONTRIBUTES TO MAKE BEAR CREEK SWIM AND TENNIS CLUB A WONDERFUL CLUB FOR ALL OF US!!!

