



EAST BERLIN AREA COMMUNITY CENTER . . . . expanding your horizons



*The mission of the East Berlin Area Community Center is to enhance the quality of life in our community through recreational activities and classes fostering personal growth.*

405 North Avenue  
 PO Box 530  
 East Berlin PA 17316  
 717-259-8848  
 www.ebacc.org  
 office@ebacc.org

Office Hours

Monday 9am-12noon  
 Tuesday 9am-6pm  
 Wednesday 9am-3pm  
 Thursday 9am-6pm  
 Friday 9am-12noon  
 Saturday 9am-12noon

Serving East Berlin Borough, Abbottstown Borough, Reading Township and Hamilton Township in Adams County and Paradise Township and Washington Township in York County and surrounding communities.

*A Message from the President*



30 Years ago, the East Berlin Community Center began. It is now time for EBACC to plan for many more decades of our future. It gives me great pleasure to announce the exciting news that with the hard work of the staff, the Board of Directors and input from our volunteers, EBACC has purchased the historical 22 acres formerly know as the Adams County Fairgrounds for the future site of EBACC. Although it may be 8 to 10 years before this is a reality, we are determined to design a facility that will be sustainable for the future. The Board of Directors will continue to research and develop a clear plan to fulfill the services that our residents need. EBACC is beginning a Capital Campaign to create a path to make this vision a reality. I would like to remind everyone what this amazing center has accomplished and why we feel now was the time was right time to make this step into our future.

In 1991, the East Berlin Area Community Center was formed to provide neighboring townships and boroughs services and programs with the goal of pursuing EBACC's Mission to ***“Enhance the quality of life in our community through recreational activities and classes fostering personal growth”***. EBACC continues to operate fiscally responsibly and successfully in part due to our loyal volunteer base of over 200, 4 dedicated office staff, 6 fitness center attendants and a supportive 14-member Board of Directors consisting of 2 representatives from each of the 6 partnering townships and boroughs and 2 at-large directors.

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**We are looking for articles and photos of the Adams County Fairgrounds. If you have any to share, please let us know.**

In the beginning, EBACC focused on the needs of our partner communities of East Berlin, Abbottstown, Reading and Hamilton Townships in Adams County and Paradise and Washington Townships in York County. In the last 30 years, EBACC has expanded the range of participating residents to over 75 additional boroughs and townships in Pennsylvania and Maryland.

Our programs and services are targeted to families, youth and individuals from 2 to 90+ years of age. Please review some of the upcoming classes, programs and events throughout this newsletter. EBACC Board of Directors are working to increase our community services to include childcare, a before and after school program and many more **“Community Need”** programs. This is the future of EBACC and this is why we feel that a larger facility and grounds are needed. We want the input of the community to accomplish our vision. Please take a moment to review the ways you may be able to help achieve EBACC’s Mission and Vision. Email me at [r.heyser@ebacc.org](mailto:r.heyser@ebacc.org) with any suggestions, questions, or ways you can be part of our mission. Thank you for your support of the East Berlin Area Community Center.

Robin Heyser, Board President

**EBACC IS REACHING FOR THE STARS...**

**Dirt Angel**  
sponsor a month by giving a gift that will make one loan payment of \$2,100

**GEM**  
Give Every Month set up a monthly gift to be automatically drawn on our credit card or checking account

**Club 22**  
pledge a monthly gift of \$22 in 2022, \$23 in 2023, \$24 in 2024, and \$25 in 2025

**High Five Friends**  
pledge a one-time gift of any amount and find 4 friends to match your gift = 5 x your gift!

**Other Ways to make a gift to Project 22**

- Securities
- Mutual Fund Shares
- Real Estate
- Personal Property
- Life Insurance
- IRAs and Retirement Assets
- Bequests
- Charitable Trust

The brightest stars are those who shine for the benefit of others

**What happens at EBACC now?**

- |                       |                         |
|-----------------------|-------------------------|
| <u>Fitness Center</u> | <u>Community Events</u> |
| Fitness Classes       | Biggest Yard Sale       |
| Personal Training     | Mother’s Day Sale       |
| 5k Run                | Teas                    |
| <u>Retail Sales</u>   | Plant Sales             |
| Thrift Shoppe         | Community Shred Event   |
| Donation Center       | Touch-A-Truck Event     |
| 10 Indoor Yard Sales  | Golf Tournament         |
| 3 Book Sales          | Garden Tour             |
| Seasonal Shoppes      | National Night Out      |
| <u>Kitchen</u>        | Fall Festival           |
| Variety of Take-Outs  | Car Show                |
| Banquets              | Christmas Bazaar        |
| Soup & Pie Sale       | Christmas Festival      |
| Cookie Walk           |                         |

Community Enrichment Classes

- Blood Drives
- Mobile Mammograms
- AARP Safe Driving Courses
- Red Cross First Aid/CPR AED
- Red Cross Pediatric First Aid
- Babysitting Course
- Wilderness & Remote First Aid
- Medicare 101

***What will EBACC look like in the future??? Let us know what you would like to see at the new facility.***

***“Consider a gift at a level personally meaningful to you”***

# HISTORIC EAST BERLIN FALL FESTIVAL



Saturday  
September 10  
8am-2pm

## Craft Vendors — EBACC



A variety of local artisans will be onsite. All items being sold are homemade by the artisan. Painted wooden items, chainsaw creations, homemade candy, and antique reproductions, are just a few of the vendors attending. Bring along your Christmas List and do some early holiday shopping.

## Eats 'n Sweets Up and down North Avenue

### At Trinity Lutheran Church

- Breakfast Sandwiches
- Hot Dogs
- Chicken Corn/Ham & Bean Soup
- Baked Goods

### At the community center kitchen

- Breakfast Sandwiches
- Hamburgers/Hot Dogs
- Chicken Corn/Pumpkin/Ham & Bean Soup
- Hog Maw Platters (11am until sold out)
- Apple Dumplings
- Homemade Pie

### On the community center grounds

- Tri County Barbecue
- Spanish Island Food Truck
- Marsico's Italian Food
- Savory's Funnel Cakes
- Bricker Fries
- Whistle Stop on Wheels
- Trinity Lutheran Church  
Hot dogs, fresh/smoked sausage sandwiches & quarts of soup

### At the community park

- PA Farm Show Milkshakes
- Pretzel Spot Café
- Sweet Patch
- Crazy Heifer Smokehouse
- Food Adventures

## Book Sale — EBACC

Book lovers will be treated to a 4-day book sale September 8-11. Categories include: Fiction; Mystery & Suspense; Romance; Science Fiction; Biography; History; Military; Cookbooks; Kids; Self-Help; Art, Science & Nature; Young Adult; Vintage; Large Print; plus more. *Located in the gymnasium.*

Wed	9am-3pm	\$2/hardcover	\$1/paperbacks
Thurs	9am-6pm	\$10/bag	
Fri	9am-3pm	\$5/bag	
Sat	8am-2pm	\$3/bag	



## 3rd Annual "Casual Cruise In" Car Show — EBACC



We are getting revved up to bring you a fun filled casual street rod, rat rod, antique car or truck "Casual Cruise In" on the EBACC grounds on September 10, 2022 from 9am-2pm. All brands and years of vehicles are welcome to join us for the day or however long you like. Bring your family and friends.



Registration is **\$5.00 day of show** for each vehicle and the first 50 vehicles will receive a free musical juke box souvenir. Every registered vehicle will receive a chance to win one of our many door prizes awarded every 15 minutes starting at 9:30am. Great homemade food provided by the EBACC cooks and our food truck partners. Back by popular demand is our "**Hubcap Toss Competition**" for all ages. Awards will be presented at 1:30 pm. **Contact Information:** Ken Buohl 717-321-3189 for additional information.

**Please Note:** The "Casual Cruise In" will be located behind the EBACC building at 405 North Avenue.

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# We Are Expanding Our Team!

**Preschool Teacher**  
**Preschool Assistant Teacher**  
*7 hours per day; Monday-Friday; August-June*  
**Before & After School Director**  
**Before & After School Assistant**  
*6 hours per day; Monday-Friday; August-June*

**We're  
Hiring!**

Submit resume to [operationsmanager@ebacc.org](mailto:operationsmanager@ebacc.org)



Follow us on  
**Facebook**

# Christmas Bazaar

**SATURDAY, DECEMBER 3, 2022**  
**8:00AM-2:00PM**

EBACC WILL BE TRANSFORMED WITH FESTIVE COLORS AND SEASONAL DECORATIONS. STROLL THE HALLWAYS OF THE OLD SCHOOL AND TAKE A PEAK IN EACH ROOM TO FIND GIFTS FOR THAT SPECIAL SOMEONE!

ADMISSION IS FREE

THE KITCHEN WILL BE OPEN FOR YUMMY FOOD PREPARED BY OUR OWN KITCHEN ELVES

HAVE A JOLLY HOLLY HOLIDAY SEASON IN OUR BAZAAR!

PLEASE JOIN US TO CELEBRATE  
**A VERY MERRY CHRISTMAS FESTIVAL**

**FRIDAY EVENING**  
**DECEMBER 9, 2022**  
**5:00-8:00PM**

*The Kitchen Elves will be serving hot soup, sandwiches, and more*

### Preschool Class

Tuesday & Thursday  
9am-12noon  
Starting September 12, 2022  
Ending May 19, 2023  
\$88.00 per month  
\*\*must be 3 by August 31



### Pre K Class

Monday/Wednesday/Friday  
9am-12noon  
Starting September 13, 2022  
Ending May 18, 2023  
\$132.00 per month  
\*\*must be 4 by August 31 and entering K Fall

Both Kinder Ready Classes are at capacity with a waiting list. You may place your child on the waiting list if you wish. Children will be moved up in order of registration.



# MARK YOUR CALENDARS



## Hog Maw Platter

available September 10 at the  
East Berlin Fall Festival

**\$10.00**

*no pre-orders*

*includes slaw, applesauce & roll*



## SLIPPERY CHICKEN POT PIE TAKE OUT

**\$7.00  
QUART**



Creamy Slaw or  
Pepper Slaw \$3 pint

PRE-ORDER  
NO LATER THAN  
9/23/2022

PICK UP 9/28/2022  
OR 9/29/2022  
BETWEEN 3-6PM



## Soup & Pie Sale

Let us take some of the work away from your Thanksgiving Feast! Order homemade soup and pies and pick up the day before Thanksgiving. EBACC will be baking pumpkin, apple, coconut cream, and cherry pies. Chicken corn soup will also be available by the quart.

WHOLE PIE \$9.00 - MINI PIE \$4.00  
QUART OF SOUP \$7.00

PLACE ORDERS NO LATER THAN  
NOVEMBER 11 BY CALLING THE  
EBACC OFFICE AT 717-259-8848

PICK UP 11AM-5PM ON  
WEDNESDAY, NOVEMBER 23

# Retail News

**2022 INDOOR YARD SALES**

**SEPTEMBER 15-16-17      OCTOBER 13-14-15**  
**NOVEMBER 10-11-12**

<b>THURSDAY</b>	<b>9:00AM-6:00PM</b>	<b>\$10 A BAG</b>
<b>FRIDAY</b>	<b>9:00AM-3:00PM</b>	<b>\$5 A BAG</b>
<b>SATURDAY</b>	<b>8:00AM-12NOON</b>	<b>\$5 DONATION</b> <i>Enjoy unlimited shopping</i>

*Be sure to put our "treasure hunts" on your calendar now so you don't miss any!*

**BOOK SALE**

**September 7-8-9-10**

Wednesday	9am-3pm
Thursday	9am-6pm
Friday	9am-3pm
Saturday	8am-2pm

Wed	\$2/hardcover & \$1/paperback
Thurs	\$10 a bag
Fri	\$5 a bag
Sat	\$3 a bag

*Autographed & Special Books  
Guest Authors*

*Weekly Specials*  
*Monthly 50% off color tag*

**Monday 9am-12noon**  
**Tuesday 9am-6pm**  
**Wednesday 12noon-3pm**  
**Thursday 9am-6pm**  
**Friday 9am-12noon**  
**Saturday 9am-12noon**



**AUTUMN SHOPPE**

**OCTOBER 13-14-15**  
THURSDAY 9AM-6PM  
FRIDAY 9AM-3PM  
SATURDAY 9AM-12NOON

ALL ITEMS INDIVIDUALLY PRICED

A SALE AS LOVELY AS THE COLORS OF FALL

**DONATION CENTER**  
**HERE**

**DONATION CENTER HOURS — Tuesdays & Thursdays from 10am-5pm**  
**LOCATED AT THE EAST END OF THE BUILDING. PLEASE USE ENTRANCE TO THE RIGHT OF THE MAIN ENTRANCE. LOOK FOR THE SIGN !**

**ACCEPTABLE ITEMS**

- Clothing
- Footwear
- Outerwear
- Housewares
- Books
- Games & Toys
- CDs & DVDs
- Jewelry
- Accessories
- Small Appliances
- Antiques & Collectibles

**UNACCEPTED ITEMS (including but not limited to)**

- Electronics -- TVs, VCR/DVD players, cell phones, etc.
- Computer components -- monitors, laptops, printers, etc.
- Large Appliances or Furniture
- Exercise Equipment
- Air Conditioners
- Encyclopedias
- Baby items -- car seats, cribs, pack-n-plays, bouncers, walkers, strollers, swings
- Fiber-filled items -- pillows, comforters, mattresses, furniture, etc.

\*\*Staples recycles cell phones and computer components\*\*

***Remember: if you wouldn't buy it, it's likely no one else would either!***



# CELEBRATE!

TIME ♦ TALENT ♦ TREASURE

# giving!



## VOLUNTEERS ALWAYS WANTED

EAST BERLIN AREA COMMUNITY CENTER DEPENDS ON VOLUNTEERS AND YOU ARE INVITED TO JOIN OUR TEAM

Want to make new friends and make a difference in the community, contact us at 717-259-8848 or office@ebacc.org  
If you have a few hours or many hours, we have a place for you!

*I firmly believe that volunteering is good for our society and brings communities together. It's a fantastic opportunity to get involved in your local community, to meet new people and to gain a sense of pride and achievement. -- Boris Johnson.*



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## Giving Spree

November 3, 2022

ACCFGivingSpree.org

Adams County's Day of Giving!

## 3 WAYS TO GIVE

- STOP** by the online page
- DROP** your donation in the mail
- ROLL** through the drive-up



NOVEMBER 3 FOR 24 HOURS ONLY



MUST ARRIVE BY NOVEMBER 3



NOVEMBER 3 BETWEEN 1-5PM

JOIN US THIS YEAR ON NOVEMBER 3, 2022

Follow us on Facebook for up-to-date information on supporting EBACC through this awesome county giving day!



Direct your Thrivent Choice Dollars Today!



Are you a member of Thrivent Financial or have Thrivent insurance? You are eligible to access either of these opportunities to benefit EBACC. Contact your agent for more information.



PROJECT 22



Cardio Room  
Circuit Training Room  
Weight Room  
Showers



## Check out our Fitness Classes

Register online using the amilia link on the front page of the website [www.ebacc.org](http://www.ebacc.org) or call 717-259-0149

# EBACC

## Fitness Center

[www.ebacc.org](http://www.ebacc.org)      717-259-0149

Mon-Fri 6am-8pm    Sat 8am-1pm    Sun 9am-1pm

<b>MEMBERSHIP FEES</b>				
	Student	Single	Senior 55+	Family
Monthly	\$22	\$30	\$28	\$50
Annually	\$242	\$330	\$308	\$550
Guest Pass	\$5 per visit			

### HATHA YOGA

A variety of basic yoga poses are sequenced in a gentle stream of movement, includes stretching, breathing practices, and proper body alignment & relaxation techniques. All levels of ability welcome including first timers. Instructor Lori Houck-Ruffner, Certified Yoga Instructor.

SESSION 1:      Tuesdays      September 6-October 11  
TIME:              6:00-7:30pm  
FEE:                \$37 per session

### ZUMBA

This class is a type of dance fitness that incorporates a variety of Latino-inspired dance moves and music to promote a healthy heart, a healthy dose of aerobic activity, and a fun, exciting way to build and tone muscle, improve cardio, promote flexibility, and decrease stress. Instructor: Rebecca Davis, Certified Zumba Instructor

Tuesdays & Thursdays      1:00-2:00pm  
SESSION 1:                      September 6 & 8, 13 & 15, 20 & 22  
SESSION 2:                      October 4 & 6, 11 & 13, 18 & 20  
SESSION 3:                      November 1 & 3, 8 & 10, 15 & 17  
SESSION 4:                      December 6 & 8, 13 & 15, 20 & 22  
FEE:                                \$37 per session

### INTRODUCTION TO CIRCUIT TRAINING

This weekly introductory class is for men and women not currently exercising and wish to increase overall energy levels, muscle strength, and endurance. Class is designed to teach basic principles of strength and conditioning through a routine that targets all muscle groups in a single workout. Class focuses on increasing strength and endurance of upper body, core, and leg muscles and will engage every muscle group in a single, recurring workout. Exercises use moderate weights and frequent repetitions, followed by another exercise targeting a different muscle group. Because the exerciser switches between muscle groups, little rest is needed between exercises. Instructor: Jim LeVan, Certified Personal Trainer, Certified Group Personal Trainer

SESSION 1:      Mondays      September 12-October 17  
TIME:              5:30-6:30pm  
FEE:                \$37.00 per 6-week session

### SENIOR BOOT CAMP

This weekly fitness class open to adults of all ages, targets the specific fitness challenges of mature, older adults. The class aims to increase muscle endurance, cardio endurance, and overall energy levels. This class uses a blended training format including cardio routines, calisthenics, and weight training to increase participants' overall fitness. Instructor: Jim LeVan, Certified Personal Trainer, Certified Group Personal Trainer

SESSION 1:                      Mondays      October 24-November 28  
TIME:                              5:30-6:30pm  
FEE:                                \$37 per session

### OPEN GYMS

Teens and adults who want to practice their skills or enjoy the game with friends are invited to join in the fun. All ability levels are welcome. Held weekly unless gym is unavailable or community center is closed. Pay as you go or in advance through your amilia account. Click on Open Gyms to view the schedules. Don't have an account? No problem. Just give the Fitness Center a call and they will get you set up.



Volleyball  
Mondays  
7:00-9:30pm  
\$5 per player



Basketball  
Wednesdays  
7:00-9:30pm  
\$5 per person



Jim LeVan  
Certified Personal  
Trainer



# 26th Annual 5K 2022

## EBACC SUMMERFEST

### FOUNDERS

Dr. John and Marie Klopfer

### PLATINUM SPONSOR

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Richard J Gross VFW Post 8896

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Emma Diehl, doTerra Wellness Advocate  
Hickory Falls  
Pamalee Lady

### SNACK DONORS

EBACC Kitchen  
Giant Food Market of Hanover  
Hilltop Farm Market  
Nunda Fruit Farm  
Weis Markets of East Berlin

### BAG SPONSOR

Cynthia Forry, Realtor  
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Service

### T-SHIRT DESIGN

Mary Orndorff



EBACC would like to thank everyone involved with making this event such a huge success again this year — 138 runners, our great group of sponsors and donors, and let's give a big round of applause for the volunteers; we couldn't do this event without each and every one of you. Twenty-five years ago, Dr. John and Marie Klopfer had a dream and it continues today.

### Congratulations to our overall winners



1st Place Female  
Brianna Urban  
18:16



2nd Place Female  
Kristin Snider  
19:43



3rd Place Female  
Chelsea Watson  
21:33



1st Place Male  
Steven Miller  
17:27



2nd Place Male  
Jayden Craig  
17:48



3rd Place Male  
Austin Strickler  
17:54

Put next year's date on your calendar **JULY 15, 2023**

# ***THANK YOU to our 5k SPONSORS***



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Free Blister Packing to Improve Adherence  
\$2.95 for 30-day supply \$7.95 for 90-day supply  
on several generic medications

Hugh selection of over-the-counter drugs,  
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## **Richard J. Gross VFW Post 8896**



107 Locust Street, East Berlin PA 17316  
717-259-0124

*A service organization that promotes patriotism, helps  
our veterans and their families and promotes  
awareness of the sacrifice that our veterans have made.*



# UPPMC

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**Sharon E. Myers, Attorney**  
smyers@cgalaw.com

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# Classes

*These seminars are complimentary but registration is required*

## Estate Planning & Medicaid

We believe in helping you make informed decisions. Understanding how the law works and how to prepare an estate plan properly can be extremely complicated. The unfortunate truth is the law becomes even more complicated as we age and accumulate assets.

You've worked hard, raised families, and accumulated a nest egg. You've paid your fair share of taxes and contributed to your community. After decades of hard work, can you now afford to pay \$12,000 per month in the nursing home? If you answered "No!", this workshop is for you. Learn how to protect you and your family from 7 threats to your security.

At the Workshop, you'll learn:

- Wills v. Trusts
- How to maintain control of your life savings
- About Medicaid eligibility for Nursing Homes
- Asset Protection from long-term care costs
- How to avoid Probate
- How to protect your kids' inheritances from potential creditors, such as divorcing spouse
- Advanced IRA transfer strategies

Tuesday October 18 6:00-8:00pm



**B** BELLOMO  
& ASSOCIATES, LLC

ESTATE PLANNING & ELDER LAW  
*AS SEEN ON GOOD DAY PA*

## Medicare 101 Educational Seminar by Heath Insurance Solutions

Whether you are new to Medicare, or have been on Medicare for years, understanding Medicare can be overwhelming! If you're seeking information for yourself or helping a family member navigate Medicare's complexities, we are here to help. Liz Heath, Licensed Insurance Broker/Owner, Heath Insurance Solutions, LLC will explain:

- The A, B, C's (and D) of Medicare
- Original Medicare vs. Medicare Advantage
- When and how to enroll
- Choosing a Prescription Drug Plan
- Supplementing Medicare

Tuesday September 13 6:30-8:30pm

Wednesday September 14 10:00 am-12:00pm

*-choose one-*

## HEATH INSURANCE SOLUTIONS, LLC



**Liz Heath**

*Licensed Insurance Broker*

**717-885-7195**

[liz@heathinsurancesolutions.com](mailto:liz@heathinsurancesolutions.com)

- ◆ Medicare Supplement Insurance Plans
- ◆ Medicare Advantage Insurance Plans
- ◆ Part D Prescription Drug Plans
- ◆ Vision & Dental Insurance Plans
- ◆ Health Insurance Plans/Pennie Broker



**Call for a free consultation 717-885-7195**

*I'll be a helping hand for your Medicare & Health Insurance Needs*

# Red Cross Classes

## RED CROSS LAY RESPONDER CERTIFICATIONS (2-year certification) —

**Adult CPR/AED (Component 1)** — In 4 to 6 minutes a person without breath can begin experiencing brain damage. Learn how to react when the person needs CPR or is choking. Checking the scene and calling for help play a big role in this skill.

**Adult First Aid/CPR/AED (Component 2)** — Assess the situation, get an impression, check the person and alert the advanced medical services via 911. Skills included for assessment, CPR, AED, and severe bleeding. Learn to recognize symptoms and signs of serious situations.

**Adult & Pediatric First Aid/CPR/AED (Component 3)** — Learn how to assess the situation, the person and decide what action to take. Covers adults, children and infants. Allow 6.5 hours with breaks and lunch time.

Participants have two options for completing the above certifications — **traditional in-class** where all components are completed in class or **blended learning** where a portion of the components are online and the hands-on portion is classroom instruction. **Maximum 6 participants for all components.** All participants receive Key-chain Breathing Barrier. INSTRUCTOR: Becky Stabler, Red Cross Licensed Training Provider

Blended Components 1-2-3:	Monday, September 19	6:00-9:00pm	<b>OR</b>
	Saturday, December 10	9:00am-12noon	
In-Class Component 1:	Saturday, October 8	8:30am-1:30pm	
In-Class Component 2:	Saturday, October 8	8:30am-1:30pm	
In-Class Component 3:	Saturday, October 8	8:30am-3:30pm	

FEE is based on how many components you become certified in:

Adult CPR/AED	(Component 1)	\$70
+Adult First Aid	(Component 2)	+\$10
+Pediatric First Aid/CPR/AED	(Component 3)	+\$10

YOU choose the style of instruction — in-class or blended

YOU choose the certifications — Adult CPR/AED, Adult First Aid/CPR/AED, or Adult & Pediatric First Aid/CPR/AED

YOU choose the date

### **NEW BLENDED CLASS!**

Pediatric First Aid/CPR/AED or Pediatric CPR/AED is a blended learning course for caregivers to aid them in the recognition and care for a variety of first aid, breathing, and cardiac emergencies involving children and infants. It is designed for those who need a certification that satisfies OSHA, workplace or other regulatory requirements. This class is taught in a blended learning format and the online portion must be completed prior to attending the Instructor-led skills session. Successful completion provides a valid 2 year digital certificate. INSTRUCTOR: Becky Stabler, Red Cross Licensed Training Provider, PA Keys approved

DATE:	Wednesday, September 21	6:00-9:00pm
	Pediatric CPR/AED	\$70
	Pediatric First Aid/CPR/AED	\$80

### **Babysitter Training — 11-15 year olds**

Learn about leadership, decision-making, age group characteristics, safety on the job, including first aid and choking skills. Use infant manikins to learn infant care skills. Activities and skill sessions are used to reinforce the knowledge gained. **Maximum of 10 participants. Bring your own lunch.**

DATE:	Saturday, November 19
TIME:	9:00am-3:30pm
FEE:	\$70 includes manual and first aid pocket guide


### **Pediatric First Aid/CPR/AED for Babysitters**

Learn how take care of emergencies that happen while children are in your care. Skills and knowledge for responding to choking, life-threatening bleeding, allergic reactions, shock, broken bones, burns and much more. **Maximum of 10 participants. Bring your own lunch.**

DATE:	Saturday, October 22
TIME:	9:00am-3:00pm
FEE:	\$80 includes Ready Reference and keychain CPR barrier

INSTRUCTOR: Becky Stabler, Red Cross Licensed Training Provider

**SPECIAL: Take both the Babysitter Training and Pediatric First Aid/CPR/AED for a total of \$135**

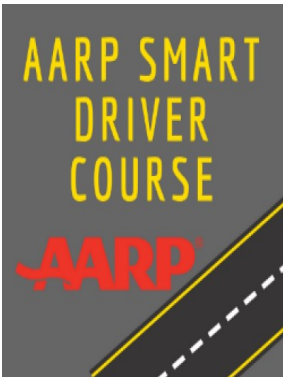


**RED CROSS  
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**Tuesday, December 6  
Thursday, February 9  
10am-3pm**



# Classes



The AARP Smart Driver Course is totally new for 2022! There are several benefits for taking the AARP Smart Driver Course. Many auto insurance companies offer a 5% discount for customers who have completed the course. Also, this is a chance to “get up to speed” on what is changing around us (you as a driver; automobile technology; highway design; challenges of everyday driving and more).

**Participants must complete registration and submit a copy of their driver’s license and AARP Membership Card (if applicable). Registration deadline 2 weeks prior to start of class. Make checks payable to AARP. Minimum 6 participants for both classes. If United Health Care Supplement is paying for your course, include a copy of your insurance card.**

The **Initial Course** is eight hours long that is covered in two, four-hour sessions on consecutive mornings. This is for participants who have not previously attended an AARP Smart Driver Course.

DATE: Tuesday November 8 *and*  
Wednesday November 9  
TIME: 8:30am-12:30pm  
FEE: \$20 for members  
\$25 for non-members

The **Refresher Course** is four hours long and covered in one morning. This course is for participants who have attended an Initial Course within the past three years. **Copy of most recent class completion certificate required for this course.**

DATE: Thursday November 10  
TIME: 8:30am-12:30pm  
FEE: \$20 for members  
\$25 for non-members

*Note: Because of limited courses offered since January 2020 due to COVID, you may be past the three-year cutoff. In that case it is advisable to contact your insurance company to see if they will honor the Refresher Course or will you be required to retake the Initial Course.*

### IMPORTANT INFORMATION

**Classes may be cancelled due to low registration or cancellation by instructor. Some class sizes are limited. Please register at least 7 days prior to start of program.**

### Stained Glass



As we begin to enter the Winter months, most of us will start to miss the sunlight we’ve enjoyed all summer. Therefore, I thought it would be fun to make a stained glass sun you can hang and enjoy all year long. This will be a beginner to intermediate project, which means the cutting is not overly complex and for those new to stained glass, we’ll be able to help you get started. We will be using the Tiffany method which involves wrapping all pieces of glass in copper foil prior to soldering. The piece will be finished with a clear bevel frame as seen in the photo. So, bring your creativity, a shoebox, some old rags, scissors, safety glasses if you don’t wear glasses, a black marker and an old pill bottle. All of the glass and other materials will be provided for you. Approximate size will be 10x15”. Materials cost is \$45 and checks should be made out to Sallie Derr and brought to the first class. Looking forward to having you join us.

DATE: Tuesdays, September 27-October 25  
TIME: 6:00-8:00pm  
FEE: \$50 plus \$45 supply fee

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## 2022

Mark Your Calendars



# EVENTS



### SEPTEMBER

- 7-8-9-10 Book Sale
- 10 Fall Festival & Car Show
- 15-16-17 Indoor Yard Sale
- 28 or 29 Slippery Pot Pie Take Out

### OCTOBER

- 13-14-15 Indoor Yard Sale
- 13-14-15 Autumn Room
- 29 & 30 Conewago Carvers Show

### NOVEMBER

- 10-11-12 Indoor Yard Sale
- 17 Christmas Shoppe Opens
- 23 Soup & Pie Sale
- 25 Black Friday Vendor Show

### DECEMBER

- 3 Christmas Bazaar
- 6 Cookie Walk
- 9 Christmas Festival



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*Some dates may be tentative until confirmed.*

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