

Newsletter



Fall 2021

EAST BERLIN AREA COMMUNITY CENTER expanding your horizons

The mission of the East Berlin Area Community Center is to enhance the quality of life in our community through recreational activities and classes fostering personal growth.

405 North Avenue, PO Box 530 East Berlin PA 17316 717-259-8848 www.ebacc.org office@ebacc.org

Office Hours

Monday 9am-12noon Tuesday 9am-6pm Wednesday 9am-3pm Thursday 9am-6pm Friday 9am-12noon Saturday 9am-12noon Serving East Berlin Borough, Abbottstown Borough, Reading Township and Hamilton Township in Adams County and Paradise Township and Washington Township in York County and all surrounding communities.

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Contact our office at 717-259-8848 to find out more about volunteer opportunities at EBACC

HISTORIC EAST BERLIN FALL FESTIVAL

September 11 8:00am-2pm

This community event has something for everyone. You will find activities along North Avenue between Trinity Lutheran Church and the East Berlin Community Park. *More details on the next page!*

Trinity Lutheran Church

- Breakfast Sandwiches
- Soup
- Hot Dogs

East Berlin Area Community Center

- Craft Vendors (inside & outside)
- Book sale (gymnasium)
- Thrift Shoppe will be open
- Kitchen will be open
- PLUS EBACC's famous Hog Maw Platters (11am until sold out)
- Horse-drawn Wagon Rides

Food Court (Tucker Liquid Coating Parking Lot)

- Food Trucks
- Food Tents

Community Park

- Car Show
- Food Tent
- Kid's Zone



Historic East Berlin Fall Festival Details

Craft Vendors — EBACC

A variety of local artisans will be onsite. All items being sold are homemade by the artisan. Painted wooden items,

chainsaw creations, soaps & lotions, candles, essential oils, antique reproductions, homemade candy, are just a few of the vendors attending. Bring along your Christmas List and do some early holiday shopping. Located in front parking lot and Classroom 1D.







Book Sale — EBACC

Book lovers will be treated to a 4-day book sale September 8-Categories include: Fiction; Mystery & Suspense; Romance; Science Fiction; Biography; History; Military; Cookbooks; Kids; Self-Help; Art, Science & Nature; Young Adult; Vintage; Large Print; plus more. Located in the gymnasium.

Wed 9am-3pm \$2/hardcover \$1/paperbacks

Thurs 9am-6pm \$10/bag 9am-3pm \$5/bag Fri Sat 8am-2pm \$3/bag



Eats 'n Sweets Up and down **North Avenue**

At Trinity Lutheran Church

- **Breakfast Sandwiches**
- At Trinity Tent in Food Court
- **Hot Dogs**
- Sausage Sandwiches
- Chicken Corn Soup

At the community center:

- **Breakfast Sandwiches**
- Hamburgers
- **Hot Dogs**
- Chicken Corn Soup
- Pumpkin Soup
- Ham & Bean Soup
- Hog Maw Platters (11am until sold out)
- **Apple Dumplings**
- Homemade Pie

At the Food Court

(Tucker Liquid Coating Parking Lot):

- PA Farm Show Milkshakes
- **Bricker Fries**
- Pretzel Spot Café
- Say Cheese
- Bake My Day
- Kona Ice
- Trinity Lutheran Church





At the community park Food Tent (car show area): Hamburgers

- **Hot Dogs**
- Cookies
- Apple Cider
- **Bricker Fries**
- Ice Cream





"Casual Cruise In" Car Show — **Community Park**



We are getting revved up to bring you a fun filled casual street rod, rat rod, antique car or truck "Casual Cruise In". All brands and years of vehicles are

welcome to join us for the day or however long you like. Plan on checking out all the other fall festival activities up and down North Avenue.

Registration opens at 9:00am and cost is \$5.00 day of show. First 50 vehicles through the gate will receive a free musical juke box souvenir. Every registered vehicle will receive a chance to win one of our many door prizes awarded every 15 minutes starting at 9:30am. Great homemade food provided in the park by the East Berlin Area Community Center cooks and our food truck partners. Back by popular demand is our "Hubcap Toss Competition" for all ages of cruise in and public attendees. Let's see if you have the toss that beats the 2019 distance. Awards will be presented at 1:30 pm. All proceeds benefit the East Berlin Area Community Center programs. Contact Information: Contact Ken Buohl 717-321-3189 for additional information.

Directions: Travel East or West on PA Route 234 or North or South on PA Route 194 to King St. in East Berlin, turn on 6th Street and follow "Casual Cruise In" signs to the East Berlin Community Park located on North Avenue.



Trinity Lutheran Church will be open for meditation during the festival

EBACC Cookbooks available to purchase at the Fall Festival — \$10 each

Available day of festival at the EBACC Office, Kitchen cashier, Book Sale cashier, and food tent at the community park.

Great Christmas gift!



Family Fun — Community Park

Kids Zone—variety of games/activities for younger attendees **Tractor Selfie Photo Booth**

Food — EBACC Food Tent, Bricker Fries, and Ella's Old Fashion Kettle Corn

Horse Drawn Wagon Rides — EBACC

Hop aboard and take a ride while learning more about the history of East Berlin. Each narrated ride last 20 minutes. \$6 per rider.







Three Year Old Class

Tuesday & Thursday 9am-12noon Starting September 14, 2021 Ending May 26, 2022 \$80.00 per month

This class is a great introduction to formal learning. We will do prescribe basics like weather and calendar. The children will be introduced to letters and numbers 0-10. They will work on learning to recognize and write their name. There will be weekly themes with fun crafts. They will learn how to listen to someone who isn't Mom or Dad. They will learn to interact with children who are not family members. Must be at least age 3 and potty trained. Limited spaces available.



Four Year Old + Class

with ice cream.

Monday/Wednesday/Friday 9am-12noon Starting September 13, 2021 Ending May 25, 2022 \$120.00 per month

This class is geared toward getting children ready for Kindergarten. They will learn today's preschool basics: weather, letters and their sounds, reading readiness skills, sight words, phonemic awareness kid writing, numbers through at least 20, sounting to at least 20, and simple addition. Developmental play, crafts and games will also be part of activities. The teacher is familiar with the kindergarten curriculum and knows where they should be for a smooth transition. Must be at least 4 years old and potty trained. Limited spaces available.

Wait List available for each class. Keep in mind there is a \$25.00 new student registration fee required at time of enrollment. To add child to wait list, go online through our website at www.ebacc.org or call the office for assistance 717-259-8848

EBACC is currently working on starting an additional preschool class. If interested in getting more information on this class when started, add child to wait list. Go online through our website at www.ebacc.org or call the office for assistance 717-259-8848.







Hog Maw Platter

Saturday, September 11, 2021 11:00am-sold out no pre orders

\$10.00

includes slaw, applesauce & roll





Pepper Slaw \$3 pint also available

SLIPPERY CHICKEN POT PIE TAKE OUT

\$7.00 QUART

PRE-ORDER NO LATER THAN 9/21/2021

PICK UP 9/30/2021 BETWEEN 3-5PM



Soup & Pie Sale

Let us take some of the work away from your Thanksgiving Feast!

Order homemade soup and pies and pic up the day before
Thanksgiving. EBACC will be baking pumpkin, apple, coconut
cream, and cherry pies. Chicken corn soup will also be available by
the quart.

WHOLE PIE \$9.00 - MINI PIE \$3.50 QUART OF SOUP \$6.00

PLACE ORDERS NO LATER THAN
NOVEMBER 15 BY CALLING THE
EBACC OFFICE AT 717-259-8848.
PICK UP 11AM-5PM ON WEDNESDAY,
NOVEMBER 24.

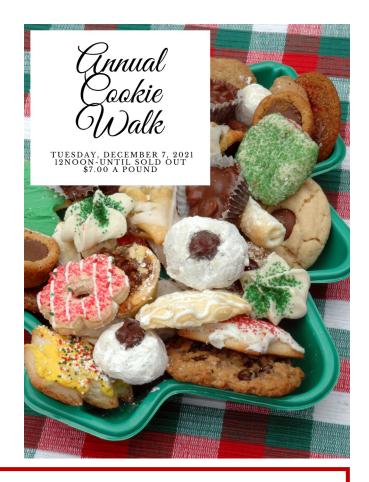
There are never TOO MANY COOKS IN THE KITCHEN at **EBACC**

VOLUNTEERS WELCOME!



The Kitchen Krew is looking for bakers to help bake pies and cookies, cooks to help when kitchen is open, potato peelers, ham chippers, soup makers, grill masters, cashiers.

> If you enjoy working in the kitchen, we'd love to have you join our Kitchen Krew



2022 Take Outs

January Slippery Pot Pie Hog Maw **February** March Meat Loaf April Shepherd's Pie Chicken May

more details in our Winter Newsletter



Mother's Day Basket Sale More details in the Spring Newsletter

recipe

Pumpkin Bread

3 1/2 cups all-purpose flour 2 1/2 cups granulated sugar

1 teaspoons baking soda

1 teaspoon cinnamon 1/2 teaspoon ginger

1 teaspoon salt

3 eggs, lightly beaten

2 1/2 cups cooked and mashed pumpkin

2 tablespoons oil

2/3 cup water

1 cup raisins or walnuts (optional)

In a medium bowl, combine flour, sugar, baking powder, baking soda, cinnamon, ginger, and salt. In a large bowl, combine eggs, pumpkin, oil, water, and raising or walnuts if desired. Stir in dry ingredients. Mix well. Spoon batter evenly into 3 greased and floured 3"x 4"x 2 1/2" loaf pans. You may also sprinkle oatmeal, chopped apple, butterscotch bits or vanilla bits over batter. Use your imagination. Bake at 350 for about 40 minutes or until toothpick inserted into the center comes out clean. Makes 12 servings.

> For more delicious recipes from the cooks of EBACC, purchase

From Our Kitchens To **Yours**

Cookbook — \$10 each



Retail News

4-DAY BOOK SALE

September 8-9-10-11

Wed 9am-3pm \$2/hardcover & \$1/paperbacks
Thurs 9am-6pm \$10/bag

Fri 9am-3pm \$5/bag Sat 9am-12noon \$3/bag

Categories

Fiction Military
Romance Cookbooks
History Art. Science & Nature
Mystery & Suspense Young Adult
Science Fiction Vintage
Kids Large Print
Biography plus many more



INDOOR YARD SALE

SEPTEMBER 16-17-18 THURS 9AM-6PM \$10/BAC
OCTOBER 14-15-16 FRI 9AM-3PM \$5/BAC
NOVEMBER 11-12-13 SAT 8AM-12NOON \$5 ADMISSION
All items FREE with paid admission!



Thrift Shoppe Hours

Monday 9am-12noon Wednesday 12noon-3pm Friday 9am-12noon

Tuesday 9am-6pm Thursday 9am-6pm Saturday 9am-12noon

CHECK OUT OUR SEASONAL SHOPPES





Donation of Goods

EBACC is pleased to accept clean, gently used, sellable donations on Tuesday & Thursday 10:00am-5:00pm and Wednesday 4:00-7:00pm BY APPOINTMENT ONLY <u>Donations not accepted on Wednesday evening</u> without an appointment. So your donations are not stolen or destroyed by weather, please do not leave

items outside the building.



ACCEPTABLE ITEMS

Clothing
Footwear
Outerwear
Housewares
Books
Games & Toys
CDs & DVDs

Jewelry
Accessories
Small Appliances
Antiques & Collectibles

UNACCEPTED ITEMS (including but not limited to)

Electronics -- TVs, VCR/DVD players, video game systems, cell phones, etc.

Computer components -- CPUs, monitors, laptops, printers, etc.

Large Appliances or Furniture

Exercise Equipment

Air Conditioners

Encyclopedias

Baby items -- car seats, cribs, pack-n-plays, bouncers, walkers, strollers, swings, etc.

Fiber-filled items -- pillows, comforters, mattresses, furniture, etc.

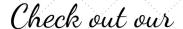
Remember: if you wouldn't buy it, it's likely no one else would either!

The cost to dispose of unsellable items takes away from funds that support our organization. We appreciate your help by not donating unaccepted, unsafe, broken, and unsellable items. We reserve the right to refuse any donation based on condition or lack of available space.

CELEBRATE

TIME ♦ TALENT ♦ TREASURE

There are many ways you can support EBACC with your TIME, TALENTS and TREASURE. Below are some ideas how you can give. If you have any questions, be sure to call the office at 717-259-8848.





Use the following link https://a.co/bneWhuL



Direct your
Thrivent Choice
Dollars
Today!



Are you a member of Thrivent Financial or have Thrivent insurance? You are eligible to access either of these opportunities to benefit EBACC. Contact your agent for more information.

BE THE CHANGE VOLUNTEER & MAKE THE DIFFERENCE



EBACC has a variety of volunteer opportunities and we'd love to have you join our volunteer team. Give the office a call to find out more 717-259-8848 or email office@ebacc.org

Retail Sales — cashiers, sorters, pricers Kitchen — slicers, dicers, cooks, bakers, cashiers Events — info tent, admissions, parking, set up

Call us today to find out how you can help!

amazonsmile

You shop. Amazon gives.

Through AmazonSmile, Amazon donates **0.5% of the purchase** price from your eligible AmazonSmile purchases to a charity of your choice. Please select East Berlin Area Community Center as your charity.

CALL FOR INSTRUCTORS!

Do you have a talent you would like to share with others? Why not consider becoming an instructor. We are always looking for new classes to offer.

Giving Spree

November 5, 2021

ACCFGivingSpree.org

Donate to EBACC through the Giving Spree and your money grows. This day of giving allows you to make a donation to your favorite non-profits and the non-profit will receive a portion of the stretch pool.

More information on page 8 or call 717-259-8848



Giving Spree

November 5, 2021

ACCFGivingSpree.org

-3 WAYS TO GIVE-

STOP by the online page DROP your donation in the mail ROLL through the drive-up



November 5 For 24 hours only ACCFGivingSpree.org



Include donation form. *Must arrive by November 5.*Form available mid September



November 5 Between 1-5pm

Give Now
Give Big
Give Forever



| MEMBERSHIP | | | | | |
|------------|----------------|--------|------------|--------|--|
| | Student | Single | Senior 65+ | Family | |
| Monthly | \$20 | \$28 | \$26 | \$45 | |
| Annually | \$216 | \$312 | \$296 | \$540 | |
| Guest Pass | \$5 per person | | | | |

Check out our Fitness Classes

Register online at www.ebacc.org or call the Fitness Center for assistance 717-259-0149

HATHA YOGA with LORI

A variety of basic yoga poses are sequenced in a gentle stream of movement, includes stretching, breathing practices, and proper body alignment & relaxation techniques. All levels of ability welcome including first timers. Instructor Lori Houck-Ruffner, Certified Yoga Instructor.

DATE: Tuesdays October 5-November 9

TIME: 6:00-7:30pm

FEE: \$36

SENIOR BOOT CAMP

This weekly class for men and women ages 45-65 includes a variety of upper body, core, lower body, and cardio-endurance exercises using a wide variety of motions. The goals of this class is to increase cardio endurance, muscle endurance, and overall energy levels using a blended Cardiovascular and foundational training format. Instructor: Jim LeVan, Certified Personal Trainer, Certified Group Personal Trainer

DATES: September 13-October 18

TIME: 5:30-6:30pm FEE: \$36 per session

OPEN GYMS ARE BACK! starting week of Sept 20

Teens and adults who want to practice their volleyball or basketball skills or simply want to enjoy the game with friends are invited to join in the fun at our Open Gym Nights. All ability levels are welcome. Pay as you go. Held weekly unless gym is not available or community center is closed. Complete schedule posted on website.

Volleyball Mondays 7:00-9:30pm Basketball Wednesdays 7:00-9:30pm

\$5 per person

EBACC Fitness Center

www.ebacc.org

717-259-0149

Hours of Operation

Mon-Fri: 6:00am to 8:00pm Sat: 8:00am to 1:00pm Sun: 9:00am to 1:00pm



Circuit Training Room



Weight Room



Cardio Room

Locker Rooms - Showers - Basketball Court

Summerfest 2021 Summerfest 2021

EBACC would like to thank everyone involved with making this event such a huge success again this year - 183 runners, our great group of sponsors and donors, and let's give a big round of applause for the volunteers; we couldn't do this event without each and every one of you. Twenty-five years ago, Dr. John and Marie Klopfer had a dream and and it continues today.

Congratulations to our overall winners



1st Place Female Georganne Watson



2nd Place Female Joanna Hayes 18:53



3rd Place Female Lyla Eltz 20:08



Dr. John and Marie Klopfer

PLATINUM SPONSOR

East Berlin Pharmacy

GOLD SPONSORS

Adams Electric Cooperative Compassion Animal Hospital Donald Dixon VFW Post 8896 East Berlin

SILVER SPONSORS

ACNB Bank
Bayada Nurses
Cashman's Ace Hardware
Color Wheel Flooring
Dr. John W Klopfer, DDS
McDonalds JDCS Enterprise
Miller Hanover Insurance
Orndorff Construction

BRONZE SPONSORS

Aero Energy CGA Law Firm East Berlin Beverage Feiser Funeral Home Law Office of Thomas E Miller Snelbecker Electric Swope Salvage Zeigler Bros Inc

T-SHIRT DESIGN

Mary Orndorff

BAG SPONSOR

Cynthia Forry, Realtor Berkshire Hathaway Home Service



1st Place Male Omari Daughtridge 15:22



2nd Place Male Matthew Martino 16:07



3rd Place Male Anthony Roselli 17:40

RAFFLE DRAWING DONORS

Allegro Winery
Chick-fil-a Hanover
Crystal Zentopia
Emma Diehl, doTerra Wellness Advocate
Hickory Falls
Old Glory Barber Shop
Pam Lady

SNACK DONORS

EBACC Kitchen
Giant Food Market of Hanover
Hilltop Farm Market
Utz Quality Foods
Weis Markets of East Berlin
Nunda Fruit Farm

<u>VOLUNTEERS</u> All the many, many EBACC volunteers it takes to put this event together.



Put next year's date on your calendar JULY 16, 2022

THANK YOU to our 5k SPONSORS



335 West King Street East Berlin PA 17316 717-259-0421

Caring For You like Family Free Same Day Delivery

Free Blister Packing to Improve Adherence \$2.95 for 30-day supply \$7.95 for 90-day supply on several generic medications

Hugh selection of over-the-counter drugs, wound care supplies, ostomy & catheters

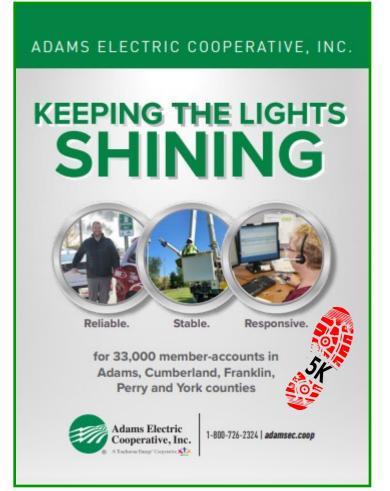


Richard J. Gross VFW Post 8896



107 Locust Street, East Berlin PA 17316 717-259-0124

A service organization that promotes patriotism, helps our veterans and their families and promotes awareness of the sacrifice that our veterans have made.







Donald Dixon Individual Gold Sponsor



Cashman's ACE

Hardware & Garden Center 1595 Route 194N, East Berlin

(717)259-0922 www.cashmansace.com

Hours: Mon-Fri 8am—8pm,

Dr. John W. Klopfer, D.D.S. General & Family DENTISTRY



113 Harrisburg Street PO Box 648 East Berlin, PA 1731

New Patients Welcome (717) 259-9612

Sat 8am-6pm, Sun 10am—4pm















The East Berlin Area Community Center's Newsletter is mailed to households in East Berlin, Abbottstown, Hamilton, Reading, Paradise and Washington Townships and surrounding areas.

Email office@ebacc.org or call 717-259-8848 for more info





EBACC accepts a variety of items to be recycled. If you have any of these items, please drop them off at EBACC.



Egg cartons are given to New Hope Ministries for distributing flats of eggs at local food pantries

Ink and toner cartridges are recycled through Staples Sneakers are recycled through Got Sneakers?

Trophies are dismantled and made into new trophies

Classes

Register online at amilia.com/store/en/east-berlin-area-community-center/shop/programs

Creative Workshop Series

Chris & Donna from "For the Love of Creativity" will host monthly creative workshops

Rustic Wood Pumpkin Bouquet

Create this rustic pumpkin bouquet on a beautiful stand. Many options to make your bouquet unique to you.

DATE: Tuesday, September 14

TIME: 5:30-7:30pm

FEE: \$30 includes all supplies

Hello Fall/Winter Porch Sitter Wood Sign

Attendees will make a beautiful two-sided wood porch sitter for Fall/Winter. Size choices are 4 foot x 8 inches or 6 foot x 12 inches (show in picture). Paint letters any color and embellish your signs with a bow.

DATE: Tuesday, October 12

TIME: 5:30-7:30pm

FEE: \$40 (4 foot sign) includes all

\$45 (6 foot sign) supplies

Christmas Tree

Attendees will create a fun and whimsical Christmas Tree out of cut paper onto a painted 8x10 canvas and finish it with a black frame (included). Choose your background color and different Christmas papers to create your one-of-a-kind tree. Makes a unique gift too! Open to adults and children age 8 and older.

DATE: Tuesday, November 16

TIME: 5:30-7:30pm

FEE: \$35 includes all supplies

Christmas/Winter Glass Painting

Back by popular demand . . . Attendees will paint 2 glasses of their choice. Silhouettes will be available to use as templates, so everyone can have a beautiful painted glass



completely unique to them — no artistic ability required! Choose from 2 wine glasses, 2 mugs, 2 beer/pint glasses or 2 clear coffee mugs (instructor will contact you prior to class for your glass choice). These painted glasses make excellent holiday gifts too!

DATE: Tuesday, December 7

TIME: 5:30-7:30pm

FEE: \$30 includes all supplies

Paint Night

Get together with friends and create. You will be guided every step of the way in creating your own masterpiece. No art skills needed! All materials are provided including canvas, easel, brushes, paint, and apron. All you need to bring is a friend! Youth and teens are welcome to join their parent. Everyone paints the same image but the real fun is seeing how different each painting looks at the end. You give your own special flair to your painting. Instructor: Deb Strausbaugh, local artist.

DATE: Wednesday, September 22 OR

Wednesday, November 17

TIME: 6:00-8:00pm

FEE: \$30 includes all supplies





September

November

Stained Glass

As we head into the cold, dark months, let's add some color to be hung in your favorite window. During these classes, we will be making a corner stained glass piece approximately 11"x11" to be hung in the corner of a special window. This piece will be made with careful attention to making it "square" so that it hangs straight and fits exactly into your window. You will have the opportunity to select from a large variety of colors, cut and grind the glass, copper foil each piece and then solder the piece together. Finally, it will be framed in a zinc frame and will be ready to hang when you take it home. So come out and join us for some fun and don't forget to bring: a ruler, pencil with eraser, eye protection, old soft rags, scissors, rubber gloves, 2 small plastic containers (i.e. pill bottles) and a small box (shoe box is great). Additional \$40 supply fee will be collected at the first class (make check payable to Sallie Derr). Maximum 7 participants. INSTRUCTOR: Sallie Derr, Professional Stained Glass and Fused Glass Artist

DATE: Tuesdays, October 5-26
TIME: 10:00am-12:00pm OR
DATE: Thursdays, October 7-28

TIME: 6:00-8:00pm

FEE: \$50 plus \$40 supply fee





Classes

Register online at amilia.com/store/en/east-berlin-area-community-center/shop/programs

Frosty The Snowman

Join us and make this adorable Frosty for your holiday decorating or gift giving. **Bring scissors or rotary cutter.** INSTRUCTOR: Pat Sobocienski

DATE: Monday, November 15
TIME: 9:00am-12:00noon
FEE: \$40 includes all supplies



Charcoal Drawing Classes

Everyone can be an artist! Instruction focuses on drawing...essentially the foundation in all artwork and so much more. My personal favorite medium is charcoal, along with graphite pencil. Instructor: Cindy Conley, Local Artist

Charcoal Cat Drawing

DATE: Thursday, September 30

TIME: 6:30-8:00pm

FEE: \$40.00 includes all supplies



Charcoal Dog Drawing

DATE: Thursday, October 21

TIME: 6:30-8:00pm

FEE: \$40.00 includes all supplies

Charcoal Eagle Drawing

DATE: Thursday, November 18

TIME: 6:30-8:00pm

FEE: \$40.00 includes all supplies

Medicare 101 Educational Seminar



What a great time to attend this Medicare 101 Educational Seminar since the Medicare Annual Enrollment Period is right around the corner. From October 15th through December 7th, you will be able to sign up or make

changes to your current Medicare insurance plan. Whether you are new to Medicare, or have been on Medicare for years, understanding Medicare can be overwhelming! If you're seeking information for yourself or helping a family member navigate Medicare's complexities, we are here to help. Attend this informal "Medicare 101" seminar, where Liz Heath, Licensed Insurance Broker/Owner, Heath Insurance Solutions, LLC will explain:

- The A, B, C's (and D) of Medicare
- Original Medicare vs. Medicare Advantage
- When and how to enroll
- Choosing a Prescription Drug Plan
- Supplementing Medicare

DATE/TIME: Thursday, September 9 6:30-8:00pm or

Monday, September 13 10:00-11:30am

FEE: Complimentary but registration is required

Winter Wreath

Join us and make one of these wreaths. There will be a variety of embellishments to make your wreath unique.

Bring scissors or rotary cutter. INSTRUCTOR: Pat Sobocienski

DATE: Monday, December 6
TIME: 9:00am-12:00noon
FEE: \$40 includes all supplies



DIY Christmas Decorations with Natural Materials



From branches and wood slices, pine cones, stones, wool and more, looking to nature for craft supplies is a great alternative to buying plastic and other non-biodegradable materials. So as you are taking walks through nature, start collecting those items that catch your

eye. Bring them to class and let's see what beautiful creations you can come up with. INSTRUCTOR: Karin Guise, EBACC Volunteer

DATE: Monday, October 25

TIME: 6:00-8:00pm

FEE: \$5 donation to EBACC

Bring along scissors, glue or glue gun, snips

Unleash the Writer within You



Do you like to write, but cannot seem to find the time? Do you have a story you want to tell, but are not sure how to start? Do you want to combine physical fitness with mental motivation? Join me and you will be "write" where you belong as you learn how to organize

your thoughts, be inspired to write through walk and talk discussions, and develop a plan to share your story with others. No matter where you are in life...you are on the "write" path! I am so excited to introduce my newest adventure that combines two of my all-time favorite things — being outdoors and writing. Dress to be outside in the pavilion and bring your own journal and pen. INSTRUCTOR: Rebecca Spellman, college professor

DATE: Wednesday, October 13

TIME: 5:00-7:00pm FEE: \$15.00

IMPORTANT INFORMATION

Classes may be cancelled due to low registration or cancellation by instructor. Some class sizes are limited. Please register at least 7 days prior to start of program.

Red Cross Classes

Register online at amilia.com/store/en/east-berlin-area-community-center/shop/programs

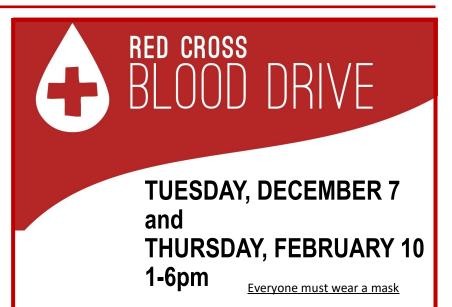


Babysitter Training — 11-15 year olds

Learn about leadership, decision-making, age group characteristics, safety on the job, including first aid and choking skills. Use infant manikins to learn infant care skills. Activities and skill sessions are used to reinforce the knowledge gained. Maximum of 8 participants. Bring your own lunch, drink and mask. INSTRUCTOR: Becky Stabler, Red Cross Licensed Training Provider

DATE: Friday, November 26

TIME: 8:30am-4:00pm (includes breaks/lunch)
FEE: \$70 includes manual and first aid pocket guide



RED CROSS LAY RESPONDER CERTIFICATIONS (2-year certification) —

<u>Adult CPR/AED (Component 1) — In 4 to 6 minutes a person without breath can begin experiencing brain damage. Learn how to react when the person needs CPR or is choking. Checking the scene and calling for help play a big role in this skill.</u>

<u>Adult First Aid/CPR/AED (Component 2)</u>—Assess the situation, get an impression, check the person and alert the advanced medical services via 911. Skills included for assessment, CPR, AED, and severe bleeding. Learn to recognize symptoms and signs of serious situations.

<u>Adult & Pediatric First Aid/CPR/AED (Component 3) — Learn how to assess the situation, the person and decide what action to take.</u> Covers adults, children and infants. Allow 6.5 hours with breaks and lunch time.



American Red Cross

Participants have two options for completing the above certifications — **traditional in- class** where all components are completed in class or **blended learning** where a portion of the components are online and the hands-on portion is classroom instruction. **Maximum 6 participants for all components.** All participants receive Key-chain Breathing Barrier. INSTRUCTOR: Becky Stabler, Red Cross Licensed Training Provider

Due to COVID-19 masks are required during class, but will be off while doing CPR skills

Blended Components 1-2-3: Monday, September 20 6:00-9:00pm *OR*

Thursday, October 7 5:00-8:00pm

In-Class Component 1:Saturday, October 238:30am-12:00noonIn-Class Component 2:Saturday, October 238:30am-2:30pmIn-Class Component 3:Saturday, October 238:30am-3:30pm

FEE is based on how many components you become certified in:

Adult CPR/AED (Component 1) \$65 +Adult First Aid (Component 2) +\$10 +Pediatric First Aid/CPR/AED (Component 3) +\$10 <u>YOU</u> choose the style of instruction — in-class or blended <u>YOU</u> choose the certifications — Adult CPR/AED, Adult First Aid/CPR/AED, or Adult & Pediatric First Aid/CPR/AED <u>YOU</u> choose the date

Classes

Register online at amilia.com/store/en/east-berlin-area-community-center/shop/programs

Technology Series

by Teal Tree Technology tealtreetechnology@gmail.com

Attend one class or all the classes. You choose! Bring your own device (cell phone, tablet, and/or laptop). Each topic will be two weeks — one for lecture and one for try your device. Basic questions and troubleshooting will be addressed at the end of each class. Minimum of 7 participants.



Session 1: Getting to Know Your Device Sept 23 & 30

Explore general settings and set up your device. Bring your own device and explore the basic ins and outs of day to day use including Wi-Fi connecting, app downloads, and printing.

Session 2: Backing Up Your Device Oct 14 & 21

Explore different options for backing up your device, including contacts, photos and saved data. Google Photos and ICloud will be discussed.

Session 3: Digital Communications Oct 28 & Nov 4

Explore how to communicate using your personal devices. Bring your own device and explore how to use Zoom, Facetime, email, and texting to communicate with your loved ones near and far!

Session 4: Protecting your Privacy

Nov 11 & 18

Bring your own device and explore how to keep yourself safe online. Discover password protection, the dangers of sharing information, online purchasing and accessing your medical records safely.

Session 5: Google Suite

Dec 2 & 9

Explore the different options in Google Suite, including Gmail, Google Docs and Google Drive. Account set up will be included.

3:30-5:00pm TIME: FEE:

\$40 per session or

\$150 for all five sessions













Michael J. Paris, DPM Sarah A. Banks, DPM Natasha R. Hewitt, DPM Leakna Ung, DPM

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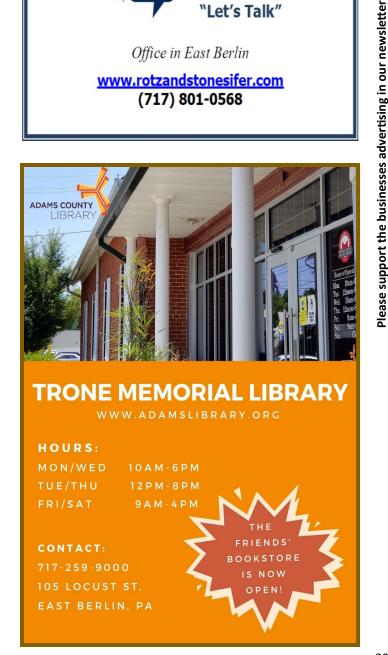
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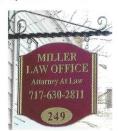
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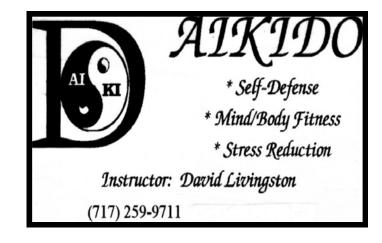
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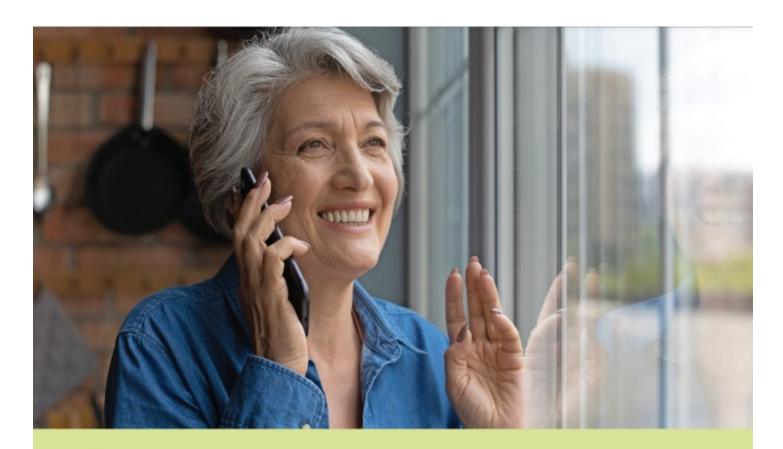
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Retirees who select Cross Keys Village can count on our tradition of compassionate service, and on our community's long history of financial stability. Cross Keys Village offers discerning older adults genuine community spirit, with expanded wellness and arts facilities opening in 2021. If senior living is on your mind, contact us today for more information about our wait list.

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Call us today at 717-624-5350 to schedule a discovery conversation.



CROSS KEYS VILLAGE The Brethren Home Community 2990 Carlisle Pike New Oxford, PA 17350







East Berlin Area Community Center 405 North Avenue, PO Box 530 East Berlin PA 17316

2021



Some dates may be tentative until confirmed.

EBACC reserves the right to change or

cancel any of the above.

<u>SEPTEMBER</u> 8-9-10-11

Historic East Berlin Fall Festival
Hog Maw Platter Take Out
"Cruise In" Car Show
16-17-18 Indoor Yard Sale

30 Slippery Pot Pie Take Out

Book Sale

OCTOBER

14-15-16 Indoor Yard Sale
14-15-16 Autumn Room Open
30-31 Conewago Carvers Show

NOVEMBER

11-12-13 Indoor Yard Sale
17-29 Christmas Shoppe Open
24 Soup & Pie Sale
26 Black Friday Sale

DECEMBER

4 Christmas Bazaar10 Christmas Festival

Giving Spree

November 5, 2021

ACCFGivingSpree.org