



ACTUALIZED LEADER PROFILE

**Nine Attributes Resource Guide**

Attribute	Book	Article	Program/Video
<b>Objective</b> Degree your judgment is based on facts and not influenced by personal feelings or preferences.	<b>Confronting Reality: Doing What Matters to Get Things Right</b>	<a href="#">Level 5 Leadership</a>	<a href="#">How to Face Reality</a>
	<i>by: Larry Bossidy &amp; Ram Charan</i>		
<b>Hyper focus</b> Degree to which you consistently engage in an intense form of mental concentration.	<b>Hyper focus: The New Science of Attention, Productivity, and Creativity</b>	<a href="#">The Focused Leader</a>	<a href="#">The Focus and Attention Program</a>
	<i>by: Chris Bailey</i>		
<b>Optimal Time Orientation (OTO)</b> (OTO) - Degree you have a balanced sense of time and live primarily in the present.	<b>Mindfulness: A practical guide to finding peace in a frantic world</b>	<a href="#">Practicing Mindfulness Throughout Your Work Day</a>	<a href="#">All It Takes Is 10 Minutes of Mindfulness</a>
	<i>by: Danny Penman and J. Mark G. Williams</i>		
<b>Courage</b> Degree you are willing to do something that frightens you in order to act in accordance with your beliefs.	<b>Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead</b>	<a href="#">Have The Courage To Be Direct</a>	<a href="#">The Gift and Power of Emotional Courage</a>
	<i>by: Brené Brown</i>		
<b>Trust</b> Degree you trust others, yourself, and maintain a confident expectation in a productive and positive outcome.	<b>Trust and Betrayal in the Workplace</b>	<a href="#">Want Your Employees to Trust You? Show You Trust Them</a>	<a href="#">The Anatomy of Trust: Brene Brown</a>
	<i>by: Dennis &amp; Michelle Reina</i>		
<b>Acceptance</b> Degree you totally and completely accept yourself – flaws, limitations, the aging process and all.	<b>Radical Acceptance</b>	<a href="#">To Recover from Failure, Try Some Self-Compassion</a>	<a href="#">Unconditional Self-Acceptance</a>
	<i>by: Tara Brach</i>		
<b>Candor</b> Degree to which you are open, honest, frank, and sincere in your communications with others.	<b>Radical Candor</b>	<a href="#">A Culture of Candor</a>	<a href="#">Radical Candor</a>
	<i>by: Kim Scott</i>		
<b>Flow</b> Degree to which you consistently engage in peak performance “in the zone,” where you are fully engaged	<b>Flow: The Psychology of Optimal Experience</b>	<a href="#">Create A Work Environment That Fosters Flow</a>	<a href="#">The Secret to Flow: Mihaly Csikszentmihalyi</a>
	<i>by: Mihaly Csikszentmihalyi</i>		
<b>Solitude</b> Degree to which you are comfortable being alone to proactively plan, reflect, and renew.	<b>Lead Yourself First: Inspiring Leadership Through Solitude</b>	<a href="#">The Surprising Benefits of Solitude</a>	<a href="#">The Art of Alone: Intentional Solitude</a>
	<i>by: Raymond M. Kethledge</i>		